



# Annual Report 2022/23

HUTT VALLEY YOUTH HEALTH TRUST



"Hei whakahohē o Awakairangi iwi taitamariki ki te uru ratonga e whakatairanga rātou oranga"

"To enable Hutt Valley young people to access services that promote their wellbeing"

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## A message from the Board Chair and Chief Executive

Tēnā koutou katoa,

It is our privilege to be able to present to you Vibe's Annual Report for the 2022/23 year. Vibe's purpose is to enable young people to have access to services to promote their mental, physical, spiritual, emotional and social health. As a Youth One Stop Shop (YOSS), Vibe continues to provide a range of primary health, mental health, and social and wellbeing services for young people.

This year we recognise and honour Bridget Roche. In October 2023, we farewelled Bridget, Vibe's Chief Executive of almost 7 years. We are grateful for Bridget's leadership and the contribution she has made during her tenure, which included leading the team through the Covid pandemic. Bridget has led a number of important changes to our services and service delivery models to adapt to the changing needs of rangatahi, to create a more integrated service and to respond to shifts by central government.

Under Bridget's leadership, we achieved some significant milestones; expanding our reach, enhancing our programmes, and forging strong partnerships within the community. Her vision enabled us to respond to new opportunities to empower rangatahi with the necessary support and resources to thrive in today's ever-changing world. Bridget's focus on developing our people, has created opportunities for growth, innovation and learning across our teams, helping us create resilience in our organisation and a deep connection to our purpose. Bridget has also been Chair of the Network of Youth One Stop Shops (NYOSS) seeking to collaborate and advocate for a more holistic approach to services for young people across Aotearoa.

As we bid farewell to Bridget, we express our deepest appreciation for all that she has contributed to Vibe – her exceptional leadership, strength, integrity, unwavering passion and strong advocacy for our rangatahi of Te Awakairangi and beyond. We truly wish her well for her future endeavours!

This year we also farewelled two special trustees, Bridget Allan (9 years of service) and Tania Wilkinson (2 years of service) and welcomed 3 new trustees– Joe Basire, Scott Fisher and Sionainn King. It is always humbling that Vibe is supported by Board members that have the same passion for our kaupapa and values.

Our bi-monthly board meetings have incorporated a new focus area, emphasising direct engagement with each team within Vibe. This approach not only fosters a deeper understanding of the work happening on the ground and the needs of our young people but also provides a platform for team members to share their passions and insights into their mahi. This direct interaction has been instrumental in aligning everyone's efforts and ensuring a shared vision. The growth and development across our teams and our services, as well as our cultural expansion and exploration of our relationship with Te Tiriti at both a governance and service level, continues to allow us to thrive for our rangatahi, our community and our team here at Vibe.

We would like to acknowledge the young people of Te Awakairangi, our partners and other advocates across the system, and all of our amazing people, who give their all to make a difference each and every day.

Ngā mihi,



Leanne Spice  
Board Chair

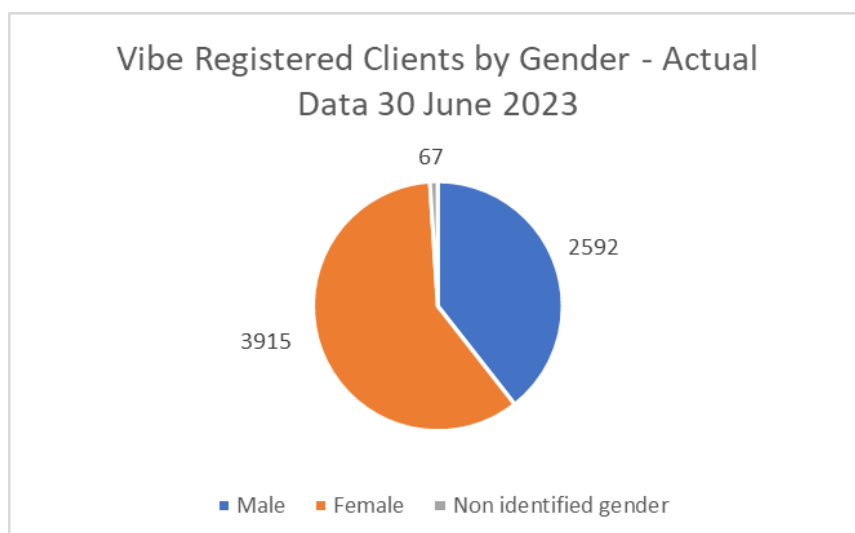
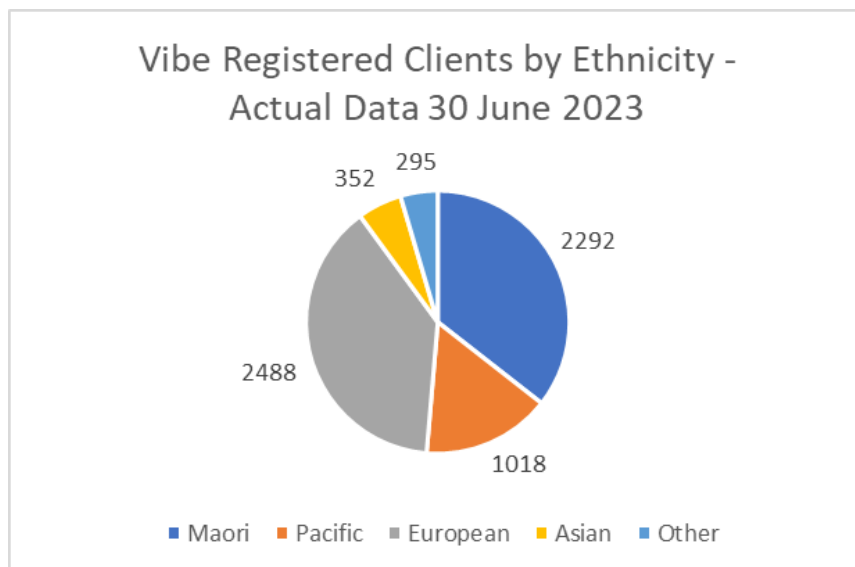
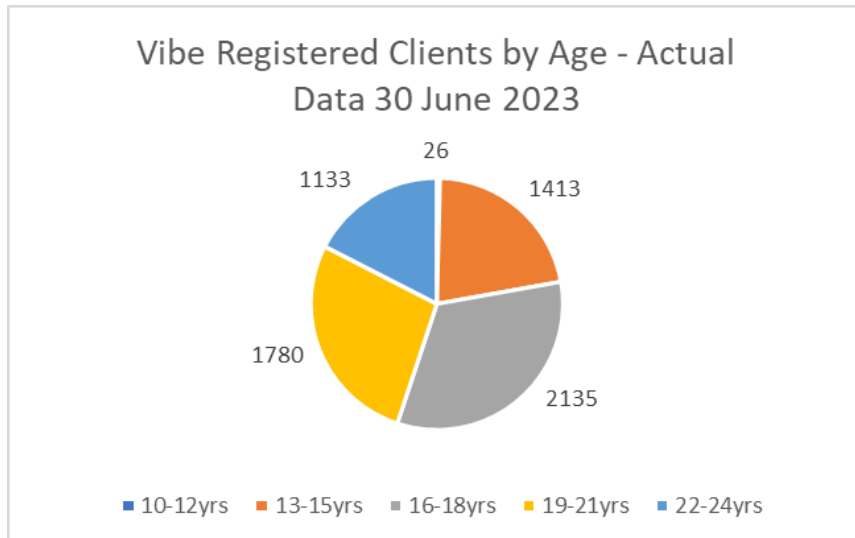
Ngā mihi,



Erin Cassidy  
Acting Chief Executive

## Overview of Vibe Clients and Services

Vibe maintains an active registered client population of 6574 young people aged 10-24 years (as at 30 June 2023). The database registers all young people who are accessing our primary health, mental health, and social services, and is updated regularly to ensure it remains current and reflects active engagement. This number does not include the many young people who participate in one off events and workshops, health promotion activities, and/or short-term programmes.



## Highlights

We featured the following highlights in our Statement of Service Performance (see page 16 for more information), however we wanted to provide images and some more context to some of our amazing highlights for the year.

### Inati Pasifika Programme

Thanks to funding from the Ministry of Youth Development, we were able to establish the Inati programme to support Pasifika young people to engage positively with their heritage and consider their own wellbeing and identity in light of this. Delivery commenced in term 1 of 2023 and over two terms, three cohorts completed the programme engaging 72 Pasifika young people.



*One of the three cohorts of young people engaged in the Inati Programme – Term 2, 2023*

### Vaping Education and Prototype Screening Tool

Seeing the undesired impacts vaping is having on our rangatahi in Te Awakairangi (from addiction to being suspended from school), we decided to do something about it. Our AOD CEP space in Te Puāwai Hauora (Vibe’s mental health team) and our Engagement Team collaborated and developed education sessions for rangatahi to provide awareness of what they are putting into their bodies when they vape, who profits from this and understanding withdrawal, as nicotine is one of the most challenging addictions to overcome.

Between April 2022 and September 2023 over 1904 rangatahi have participated in Vibe’s vaping education presentations within Te Awakairangi, not to mention the teachers and kaimahi present. We have developed an internal screening tool via our patient management system Medtech, to capture vaping information and provide an avenue for brief education and onward referral.

*“I learnt that vaping is like really bad, like way worse than I thought it was”  
Rangatahi – aged 16*

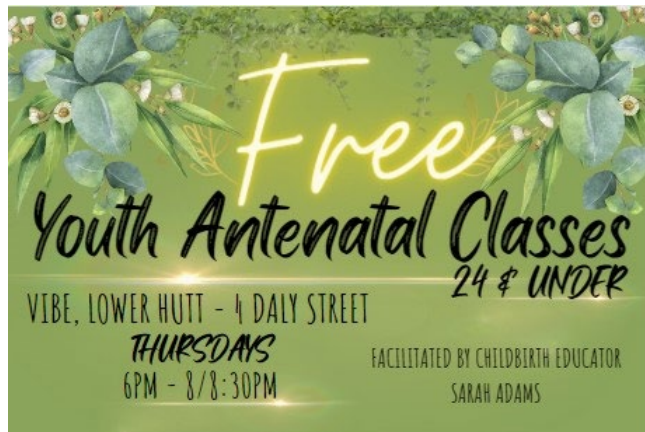
*“Vibe’s information on e-cigarettes was relatable and in-touch with youth”  
Kaiako*

Te Puāwai Hauora also presented at the Whāraurau nationwide training day in November 2022 where we provided education about vaping but also what we were doing as an organisation; 123 professionals attended nationwide.

As an organisation, Vibe engaged is the ‘Proposal for the smoked tobacco regulatory regime’ and sent in our submission to parliament regarding vaping and its impact on rangatahi not only within Te Awakairangi but nationwide. We will continue this mahi in as we keep supporting our rangatahi and community to prevent further harm and improve overall wellness.

## Vibe Youth Antenatal Group

This year we held our first Youth Antenatal course. We had seen a need for this in the community due to financial or social barriers that prevented young parents from attending other Antenatal courses. Sarah Adams a Lower Hutt based childbirth educator facilitated the course for us. We had four young mums to be and their support people attend the course.



## Youth Internship

Some action shots of our awesome intern, Bells and her time at Vibe! Bells was instrumental in developing our strategy for Youth Week 2023 and has been completing her Level 4 Certificate in Health and Wellbeing (Mental Health and Addictions) through Open Polytechnic.



*Youth Week planting at Horoeka Scenic Reserve; Meeting the Prime Minister; Kaibosh collection*

## Nurse Entry to Practice (NETP) Programme



*Maya McFetridge*

Due to staffing vacancies towards the end of the 2022 year, a decision was made to look at bringing in a new graduate nurse in 2023. Taking into account the need to have more nurses in primary health care, we wanted to contribute to enhancing the nursing workforce in Te Awakairangi as well as showcase and teach new nurses about working in a youth health environment.

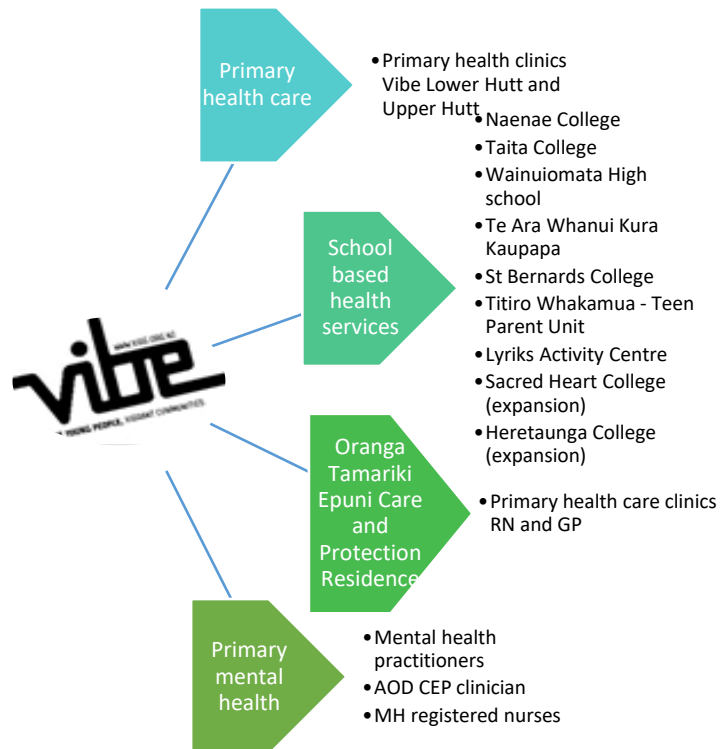
We engaged with the Nurse Entry to Practice Programme (NETP) and took on a new graduate nurse, Maya McFetridge, for a 12-month fixed term contract in January 2023. With a strong mentoring and training plan, Maya has exceeded our expectations of development. She is now working independently in clinics, undertaking wellbeing checks (previously called Year 9 health assessments). Maya also undertakes nursing virtual triage – initially with the support of a RN beside her but is now at a point of doing these independently. We are excited to announce that Maya has accepted a permanent RN position in our team!

## Primary Health and Mental Health Services

We continue to deliver a range of primary health and primary mental health services at our two sites, and in education and community settings across Te Awakairangi. In addition to this, Vibe staff provide primary health care services to the young residents at Epuni, the Oranga Tamariki Care and Protection residence.

We are now delivering services at 13 sites across Te Awakairangi on a regular, scheduled basis.

During the year our team have also participated in a range of health promotion events and delivered workshops to young people in education and community settings. Many of these were delivered alongside our Engagement Services team.



### Community Nurse Prescriber

We are also very pleased that our longstanding Registered Nurse of 19 years, Davina Smith, has completed the pilot program to become a Community Nurse Prescriber. This will add massive value to our School Based Health Service and Community clinics, as well as be an asset to the learning and development of the rest of the team. Well done Davina!

### Limited Service Volunteer (LSV) Collaboration

We were contacted early in the year by the Training Coordinator of the Limited Service Volunteer program at NZDF Trentham, with MSD. They were requesting any supports that Vibe might be able to give to their training program for the young people aged 17 – 25 who complete the program. We provided Education programs in two 8-week cohorts. The Primary Health Team presented on Family Planning and Sexual Health by the expert RNs in the team.

Te Puāwai Hauora presented on AOD and Vaping, providing services by their experienced Mental Health and AOD-CEP staff. The Engagement Services Team supported the staff presenting in both education sessions, providing engagement and tautoko in the sessions, and also presented sessions on Healthy Relationships.

In addition to the Education sessions, in the first cohort, the Primary Health Team provided two, three-hour, onsite Sexual Health Clinics by a Vibe Youth Health Nurse, covering STI testing and treatment onsite, as well as Sexual Health and contraception counselling and provision of contraception. Recruits were also booked into the Upper Hutt and Lower Hutt NP and GP Community Clinics for any non-sexual health related health concerns.

## Rainbow Specialist – Primary Mental Health Practitioner

It has been a privilege to work as the Rainbow Specialist – Primary Mental Health Practitioner for Vibe since March, having completed my counselling and addictions student placement here last year.

The majority of my role at Vibe is client-facing, supporting rainbow rangatahi through counselling. A common trend is trans young people wanting support around transition and support to understand the pathways to access gender affirming healthcare. While this is something I can support, it is not necessarily something someone should need to come to counselling for and highlights the need for greater training and awareness across the mental health and addiction sector in this space, particularly around understanding local pathways for gender affirming healthcare and what is available.



*Tabby Beasley*

Outside of my work with clients I support our wider service to improve our response to rainbow communities – this means being available to help staff with questions around how they can best support their rainbow clients and access the right resources and connecting with other services that can support our young people.

In the Hutt Valley we are lucky to have several services available to support rainbow communities (Rainbow Youth 1:1 Peer Support; Te Ngākau Kahukura o Te Awaikairangi; InsideOUT Kōaro and QueerCare - an after-school support group for rainbow young people run by Atareira and hosted at Vibe Lower Hutt.

It is still very unique for any mainstream service in Aotearoa to have a rainbow specific role in their team, despite research showing over 17% of NZ young people identify within the rainbow community and that this population are significantly more likely to experience mental health challenges. I would love to see other mental health services and youth providers adopt similar roles and am proud to see Vibe leading the way in this space!

## Youth Engagement

Our Engagement Services Team has gone from strength to strength in the past year, delivering over 180 engagement sessions, workshops and events combined in Te Awakairangi. The team has developed bespoke workshops and programmes to support community needs through alternative education centres, schools and other groups based on the feedback and shared wellbeing issues.

One highlight was Youth Week 2023, where Vibe hosted three community events. These were planned and organised by our intern Bells, who gathered information from young people about important causes to them, and provided opportunities for connection and engagement with these issues through the events. There were environmental clean-up and planting events, as well as a community barbeque and hang out event.



## Vibe Rangatahi Group

At the start of 2023, we changed the kaupapa for this group as we wanted it to be a group where young people can come hang out and meet other young people. It's a place where they can learn new skills, engage with their peers, share kai and play games. It's youth led so any new skills they want to learn or engagements they want to do, we can make it happen. This year we've done a range of different engagements including quizzes, youth week events (planting trees and cleaning the river), plant pot decorating, canvas painting, BBQ and games by the riverbank and a hangi fundraiser for Women's Refuge. Our vision for this group is to provide a safe space where young people can come and make some awesome connections and learn some new skills!! The Vibe Rangatahi Group runs fortnightly alternating at both Lower Hutt and Upper Hutt sites.



*Making connections by Te Awakairangi*

## Tokelau Hutt Valley Vibe Youth Group 2023 – OMATA!



For the 3<sup>rd</sup> year running, Ake Pereira (Youth Coach) and Henio Koloï (Senior Youth Worker) supported our Tokelau Hutt Valley Vibe Youth Group to once again showcase their culture and identity through Tokelauan cultural dance and song at Hutt Fest 2023.

With more growth and knowledge, we took a slightly different approach with our preparations for 2023. The many meetings, engagements and connections throughout this journey was *one more* to experience, *one more* to push them to their limits, *one more* to get into the 'uncomfortableness' of bringing MORE of themselves not only through cultural song and dance, but through connection, gratitude, and the power to express themselves - both as individuals, and as a collective – he kaiga (family). Our Tokelau Hutt Valley Vibe Youth Group performed at Hutt Fest on 29 June 2023 and took the stage to another level! Another successful journey experienced, enjoyed, and elegantly performed with pride and passion through the power of their voice, action, song and dance.



*Tokelau Hutt Valley Youth Group at Hutt Fest 2023*

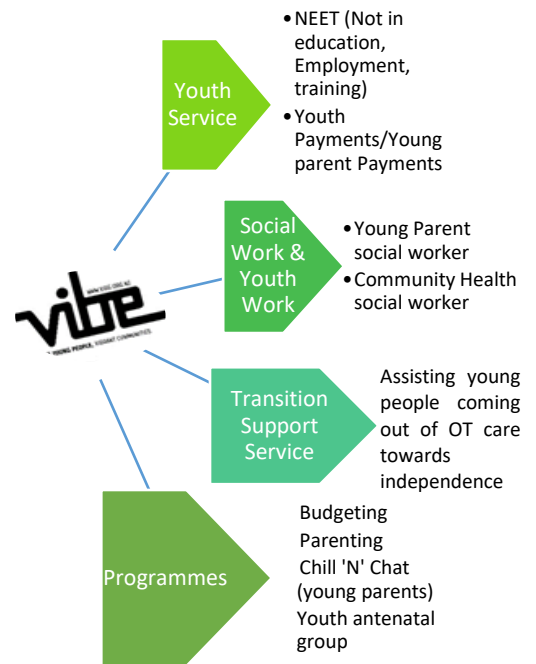
## Social Services

Vibe continues to provide a range of services to support the holistic needs of rangatahi, and to support them to achieve their goals in life.

Our social services teams have capacity to work with over 250 individual young people at any given time. The type of support offered through our social services varies and can range from short term up to 2-3 years.

Our team work in a holistic way, supporting rangatahi with their engagement in education and employment, whānau relationships, housing, financial entitlements, legal matters, caring for their children and mental health and wellbeing.

Mental health and wellbeing, along with access to safe, affordable housing continue to be some of the biggest challenges faced by our team as they support young people. Re-engagement with education following Covid has also been a significant challenge that we have encountered this year.



## Pathways to Employment Programme

Since April 2022, Vibe have worked in partnership with Capital Training to deliver the 'Work Ready / Pathways to Employment' programme to rangatahi in Te Awakairangi. The 10 week course is for 16-24 year olds to enable them for the workforce or further training within their chosen career path. Based at Capital Training in Lower Hutt, Vibe's role is to provide wrap-around pastoral support for rangatahi engaged in the programme, as well as additional youth work support for 6 months following completion of the programme. Our Senior Youth Development Worker, Desiree Harawira, has been supporting rangatahi on their journey into sustainable employment or further education. Desiree has helped rangatahi to identify their needs passions, and goals, whilst working to reduce or remove any identified challenges or barriers.

In the 2022/23 financial year, the Pathways to Employment programme had 29 enrolments with 27 rangatahi successfully completing the class component of the programme; 15 rangatahi gained employment, 8 rangatahi applied for further training or education; 19 rangatahi gained a drivers licence (Learners = 10, Restricted = 9); 21 rangatahi obtained their first-aid certificate; 28 rangatahi completed or updated their CV, while 26 completed or updated a cover letter.

Rangatahi have completed work experience with local businesses such as cafes, retail, animal shelters and beauty salons. Rangatahi who moved into employment are now working in various areas including hospitality, retail, childcare, construction and traffic management. Our rangatahi have also participated in a range of group and centre-wide workshops covering a range of topics including hygiene, personal presentation, social and communication skills and safer partying. The workshops, provided by Vibe's Engagement Team generated meaningful conversations among the rangatahi which in turn, created a sense of connectedness within the class environment.

Feedback from current and previous learners has been positive with many commenting on how the supportive, flexible, relaxed environment has helped them as they work towards their future pathways. What has been extremely rewarding this year is seeing rangatahi reflecting on and recognising their achievements due to their own hard work, determination and resilience while they are on their Pathways to Employment journey.



*Our Engagement Services Team delivering a workshop at Capital Training*

## Transition Support

We supported 37 young people over the course of the year in the Transition Support Service space. The support we offer is focussed on preparing young people for adulthood which can include accessing the right financial assistance, finding a course or job, finding appropriate housing, teaching life skills, getting a drivers licence and connecting with family/whānau and community.

Some of the highlights we saw were young people moving into safe accommodation, finding and maintaining employment and a young person who had not been in education for several years re-engaging in education and achieving NCEA Level 1.

## Young Parent Support

We also restarted our Chill 'n' Chat young parents playgroup. Several young parents we were working with under Young Parent Payment and Young Parent Social Work had expressed to us that they would like an opportunity to meet and connect with other parents in a youth friendly environment. We have had 4-6 young parents and their children attend on a regular basis.

In the young parent social work space we supported 16 young parents over the year. Types of support included accessing relevant health and mental health services, accessing the right financial assistance, one-on-one parenting education and support to navigate systems such as Oranga Tamariki.



## Health Promotion and Health Education

We really value our position of influence and use our platform to inform and educate our young people engaging with Vibe.

Health promotion themes we had throughout 2022/23 included Safe Drinking/Dry July; Quit Smoking/Vaping; Dental Health; Sexual Health; Men's Health; Holiday Health. At the start of 2023, we decided to move to term based health promotion themes to really get these important messages across a wider range of our YP to support their health and wellbeing. Term 1 this year focussed on Better Living (Skills for Life) and the theme for Term 2 was Sex and Relationships.

## Our People

### Workforce & Professional Development

As an organisation, Vibe has a pivotal and valuable role in workforce development. This last financial year alone we provided five student placements across our services. It is within these opportunities that we have been fortunate to see some of these students seek permanent employment within Vibe. This development approach also attracts future employees who can see first hand the values, mahi and opportunities that Vibe can provide but also those committed to the overall wellbeing and enhancement of rangatahi and whānau within Te Awakairangi.

As at 30 June 2023, Vibe had 45 employees, 38 of which work directly with young people in their day to day work. With majority of our client facing staff accessing external supervision to enhance their practice, staff undertook 250 individual sessions during the 2022/23 financial year. We also delivered 13 all staff training sessions, three of these dedicated to cultural development.



*Vibe staff at Team Day – Oct 2022*

### Cultural Development

Our team day in August 2022 continued our Te Ao Māori cultural development journey for our Vibe staff. In the lead up to this session, we thought it was important for our staff who whakapapa Māori to come together to have a kōrero about the intent and purpose of this session and address any concerns. This rōpū continues to meet on a regular basis to provide the opportunity for their ongoing growth and development in this space.

Dr Simone Bull facilitated a half-day session where we ‘walked’ through a timeline of key events in Aotearoa’s history focusing on the relationship between Māori and the Crown. This workshop helped us to better understand the impacts that have shaped our country and how we can better support our rangatahi Māori.



In April and May 2023, Tania from Te Whenua Consulting facilitated separate sessions with our Board and staff to enhance our knowledge and understanding of Te Tiriti o Waitangi.

With the Board, the first session took us through understanding the relevance of Te Tiriti in modern Aotearoa New Zealand and the second session focussed on the application of Te Tiriti within the infrastructure of Vibe and discussion on the development of a robust strategic framework.

With staff, Te Tiriti o Waitangi was introduced, including how it underpins New Zealand public policy and provides the framework and guidelines for building outcomes for Māori, what the Principles of Te Tiriti mean and how we can incorporate them in our mahi.

We are grateful for the way in which both Simone and Tania guided and supported us.



Hutt Valley Youth Health Trust  
- Vibe  
Performance Report  
For the year ended 30 June 2023



## **Welcome to our 2023 Performance Report.**

This document reports on Vibe's operational and financial performance for the year ended 30 June 2023. This report outlines the key activities that Vibe has undertaken during the financial year, and some of the highlights during the reporting period.

The 2022-23 financial year and reporting period has brought us a number of new opportunities, achievements, and challenges. Our team have continued delivering our broad range of services, responding and adapting to the needs of young people in our community. We have been able to develop and implement some new programmes based on identified gaps in service provision. The ongoing impact of the Covid pandemic has continued to be felt. We have experienced increasing demand for our service and complexity in our work. We have had significant cost increases, and alongside this, a number of workforce challenges including recruitment, retention, and wellbeing. Individual and team resilience has been a characteristic of the reporting period.

Our overall financial position as at 30 June 2023 is strong, despite a significant projected budget deficit. The positive year end outcome against our projected budget is due to some key variables including, additional service delivery income and some contract increases which had not been expected at the time of setting the budget. We carried some critical vacancies for some or all of the reporting period. Carrying these vacancies has had an impact on the achievement of some key strategic projects, and on staff who were covering the gaps created by the unfilled positions.

As we look to the future, we have now filled, or are in the position of filling previously vacant roles. There are also a number of variables that will further impact our financial position including the need to find a new service delivery site, and the reality of significantly increased market rental costs; the impact of pay equity settlements in health and social services sectors which will have a significant impact across the service.

## Entity Information

<b>Legal name</b>	Hutt Valley Youth Health Trust
<b>Other name of entity</b>	Vibe
<b>Entity type and legal basis</b>	Charitable Trust and Registered Charity
<b>Registration number</b>	CC29346

### Contact Details

<b>Physical Address</b>	4 Daly Street, Lower Hutt
<b>Postal Address</b>	PO Box 31126, Lower Hutt 5040
<b>Other contact details</b>	Email: <a href="mailto:info@vibe.org.nz">info@vibe.org.nz</a> Freephone: 0800 CHAT 2 VIBE (0800 24 28 28) Lower Hutt: 04 566 0525

**Website** [www.vibe.org.nz](http://www.vibe.org.nz)

### Our Vision

Vibrant young people, vibrant communities

### Our Mission

"Hei whakahohe o Awakairangi iwi taitamariki ki te uru ratonga e whakatairanga ratou oranga."

"To enable Hutt Valley young people to access services that promote their wellbeing."

## **Our Entity Structure**

The Hutt Valley Youth Health Trust (t/a Vibe) is a registered charitable trust, and is governed by a Trust Board which operates in alignment with the Trust Deed. The Trust Board comprises of between 5-7 Trustees who have a range of skills, experience and professional training that will support their governance role.

The Chief Executive, employed by the Trust, has delegation for the management of the day-to-day operations of the organisation. Staff from a range of professional disciplines are employed to deliver and support the delivery of Vibe's services for young people.

### **Board of Trustees**

Leanne Spice (Chair)  
Giselle Iradukunda  
Vailoa Tuita'alili  
Joseph Basire  
Scott Fisher  
Shannan King  
Tania Wilkinson (to March 2023)  
Bridget Allan (to March 2023)

### **Our funding**

Vibe's income is primarily from contracts for services with central government, with currently a small percentage of income through grants and donations from community organisations, local businesses and other supporters and ad-hoc fundraising events.

### **Support to Vibe**

Vibe is governed by Trustees who are undertaking this role in a voluntary capacity with a minimal payment for attending meetings. A small number of donated goods and services are utilised to support the wellbeing of young people.



## Highlights This Year

### **Inati Pasifika Programme**

In late 2022, we were successful in gaining multi-year funding from the Ministry of Youth Development, to provide a leadership and cultural development programme for Pasifika young people in the Hutt Valley. This initiative builds on the work undertaken by Vibe Tokelauan staff who have been supporting the Tupulaga Tokelau group in their performances at Hutfest over the previous two years. The first cohort for the Inati Pasifika programme was in Term 1, 2023. The 8 week programme centres on identify, wellbeing and family relationships. The programme uses games, discussions and collective activities to build rapport and enable the young people attending to share their experiences, and connection to their Pasifika heritage.

### **Vaping Education and Vaping Prototype Screening Tool**

This year we have experienced high demand for vaping information and education for young people and youth sector professionals. In response to requests we have delivered 17 separate workshops, with over 1000 participants, this included two Vibe staff presenting at a nationwide sector development day. As an organisation, we started to see anecdotally some concerning trends in what was being reported to us by young people. Our clinicians decided to develop a screening tool, to capture evidence of what we were seeing and hearing in regard to youth vaping within Te Awakairangi. This screening tool captured the number of rangatahi self-reporting their vaping use, and the level of nicotine (mg) being used. The screening tool is primarily completed on 12-25 year olds, and has been able to provide data to support our submission to parliament around proposed changes to youth vaping within Aotearoa.

### **Vibe Youth Antenatal group**

In response to an identified gap in service provision, Vibe has partnered with a local childbirth educator to offer ante natal group specifically for young parents under 24 years. The youth specific focus of this course, and the venue (Vibe) is designed to provide an accessible option for young people to participate in antenatal education and care. The antenatal courses are specific to young parent(s) to be, to give them knowledge and confidence going into labour, birth and early postpartum and the information needed to make the best-informed decisions for themselves, baby and whānau. The course involves a mixture of teaching, group discussions, small group work and practical activities to help support their learning. Four young people attended the first course held in April 2023. It is wonderful to be getting messages from participants to let us know that their babies have been born. Feedback from participants includes:

*‘Thank you for facilitating an awesome class, we found it super helpful and supportive’*

*‘Having people same age makes me feel more comfortable and more likely to attend and engage more’*

### **Nurse Entry to Practice (NETP) Programme**

In January 2023, our new graduate Registered Nurse Maya, started at Vibe, as part of the Nurse Entry To Practice (NETP) programme. The NETP programme is run through Te Whatu Ora and supports newly qualified Registered Nurses in their first year of practice.

*'I knew this was the only area I wanted to work in when it came time to apply for jobs at the conclusion of my third year. I was beyond excited when the chance to work at Vibe was presented to me. Vibe delivers holistic health and wellbeing services to people aged 10-24 which aligned with the health care I wanted to provide. The speciality of youth health is an area I am passionate about and feel privileged to be a part of. I believe I can make a huge difference, towards achieving positive health outcomes for youth today and in the future' – Maya, Vibe RN.*

## **Youth Internship**

In February 2023, our new Youth Intern Bells Maynard, commenced her role at Vibe. Our Youth Internship, is an opportunity offered to young people who have recently left school and are interested in a future career in youth work, health or social services. This internship is part of our intentional commitment to youth participation within our service – promoting and providing opportunities for young people to be a core part of our service delivery team. The internship runs from February to December each year. The intern works as part of our engagement services team undertaking a range of activities including: reception, programmes, workshops, events and supporting the broader Vibe team.

*'I'm really enjoying my internship at Vibe and all the opportunities that come with it. A couple of my highlights have been:*

*Rangatahi Group: I have loved being involved in Vibe's Rangatahi Group. I help develop ideas for each week and facilitate games, quizzes, or workshop content. I am confident to speak in front of the entire group as well as one-on-one with the rangatahi and I have built amazing relationships with every one of the rangatahi. I love that they feel comfortable enough to come to me if they ever needed anything.*

*Youth Week: I undertook a youth survey to inform our Youth Week events alongside Hutt City Council. I put a lot of effort into the creation and planning of each event and especially enjoyed the Planting Day in Stokes Valley. We partnered with the Friends of the Waiwhetu Stream, Friends of Horoeka Scenic Reserve and the Mawaihakona Stream Restoration project who hosted and showed our rangatahi how to pot seedlings and weed the stream. It was so amazing and we were all taught so much about preserving the reserve, and the importance of planting native trees.'*

## **Acknowledgements**

The Vibe Board would like to acknowledge and thank the Vibe leadership team and staff, the Vibe Youth Advisory Group, Te Awakairangi Health Network, Te Whatu Ora, Oranga Tamariki, Ministry of Social Development, Lottery Grants Board, Massey University, University of Auckland, Capital Training and Pacific Health Services Hutt Valley, and those who have made donations to support our work this year.

Special thanks to our support service providers including Vitae, IT Works, McLaren Associates and our wonderful cleaners Cleantastic and Hutt City Cleaners.

We would also like to specifically thank all our wonderful external supervisors who provide excellent professional support to our team!

We thank you all for your ongoing support.

# **Hutt Valley Youth Health Trust – Vibe Statement of Service Performance For the year ended 30 June 2023**

## **Who We Are**

The Hutt Valley Youth Health Trust (t/a Vibe) is a Youth One Stop Shop (YOSS), providing a range of integrated primary health and social support services for young people aged 10-24 years in Te Awakairangi (the Hutt Valley).

The Hutt Valley Youth Health Trust (t/a Vibe) is a registered charity.

## **Our Purpose**

Vibe exists to support the needs and aspirations of Hutt Valley young people, through enabling them to access a range of services that promote their wellbeing.

The Hutt Valley Youth Health Trust was formed in 1996 and began service delivery as the Hutt Valley Youth Health Service in October that year. The Trust was established by community members from Upper Hutt and Lower Hutt cities who were passionate about young people. They were aware of the complex issues relating to young people's health. Both groups thought they could respond to these issues with a new service delivery model.

At around the same time, the Central Regional Health Authority (CRHA) had published Whiti Te Ra (CRHA, 1995), a research document that focused on youth health issues, and more specifically the issues around young people accessing healthcare in the region. The proposal was dubbed a 'One Stop Shop'. This imagined a coordinated facility as a base for a variety of health services for young people (sexual health, social support, mental health, general health).

Vibe operates in the knowledge that there are many key life transitions that occur within the age range we support. We know therefore that young people may engage with different Vibe services over time as their needs and goals in life change. For this reason, we offer a range of services, and we are always looking for opportunities to develop new initiatives in response to the emerging needs of young people, and to fulfil the vision of the YOSS approach.

## **Our Approach to Providing Services to Young People**

The Youth One Stop Shop approach is designed to reduce barriers for young people to access services that they need by having a range of staff and services working together in an integrated way. These services are delivered 'under one roof' or 'through one door' to reduce barriers for young people. We aim for our services to be accessible to young people. This means that our services are youth friendly, offered in a range of locations, free and confidential.

Our service approach is based on a continuum of care – from light touch engagement services, through to more intensive & therapeutic interventions for young people with more complex needs. The intent of this approach is that Vibe would be a service for ANY young person who is seeking support. This 'stepped care' approach to our service delivery helps us to ensure we have people with the necessary skills, experience, and professional training to support young people and our staff in each area of our service.

Vibe has a dedicated, highly skilled, multidisciplinary team who are passionate about supporting young people to achieve their potential! Our team of 48 staff (which includes our three long term contractor GP's) includes registered nurses, GP's, youth workers, social workers, youth coaches, administrators, receptionists, and a youth intern. This year we have also engaged other contractors with relevant professional expertise to support our delivery of services, and to provide business and operational support for specific projects.

As well as providing services, we are a point of referral and triage for young people through to other services. We also have a strong focus on collaboration and partnership with other organisations, groups and individuals in the community, and we have links to a wide range of educational, developmental and therapeutic opportunities.

To support us to achieve our mission, we have developed 3 strategic goals to guide our activities.

- **Enable Young People:** To enable Hutt Valley young people (aged 10-24 years) to access appropriate services
- **Strengthen Vibe:** To build our organisation's capacity and capability to meet the needs of young people in the Hutt Valley
- **Lead, Partner, Advocate:** To advocate for positive outcomes for young people across the health, social services, education and employment sectors

## How We Performed

### Strategic Goal 1: Enable Young People

#### *To enable Hutt Valley young people to access appropriate services*

Vibe delivers a wide range of services designed to support positive health and wellbeing outcomes for young people. These services are delivered one to one and in group settings.

Vibe services are delivered from 14 regular service delivery sites throughout Te Awakairangi. This includes our two Vibe sites in Lower Hutt and Upper Hutt, a number of education and community-based settings, and the local Oranga Tamariki Care and Protection Residence (Epuni). We also deliver programmes and workshops, and attend events in a variety of other locations within Te Awakairangi and further afield. This year we have delivered programmes, workshops and/or participated in health and wellbeing events in over 40 unique locations.

### Our Services

- Primary Health Clinics (RN & GP)  
Vibe Lower Hutt and Upper Hutt
  - School Based Health Services
  - Primary Health Clinics -  
Oranga Tamariki Care and Protection  
Residence
  - Mental Health Brief Intervention
- Group based services:
- Therapeutic programmes
  - Social and Educational programmes and workshops:
    - Chill N Chat
    - Youth Ante Natal group
    - Budgeting
    - Parenting

- AOD CEP Clinician<sup>1</sup>
- Transition Support Service
- Social Work Services
  - Young Parent Social Worker
  - Community Health Social Worker
- Youth Work Support
- Pathways to Employment Support
- NEET (Not in education, employment or training) Service
- Youth Payments Service
- Youth Advisory Services
- Engagement programmes:
  - Mīharo
  - Peer Support
  - Pacific leadership programme
- Health and Wellbeing promotion workshops & events

## Description and Quantification of the Entity's Outputs

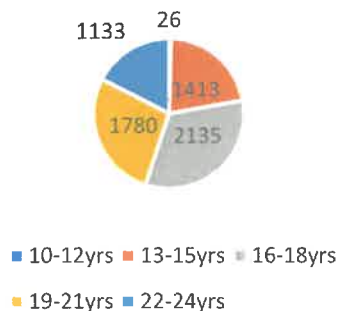
	2023	2022
Number of young people registered with Vibe as at 30 June	6,574	6,149
Number of regular service delivery locations	14	14
<b>Primary Health Services</b>		
Number of primary health consultations – community	2921	2705
<b>School Based Health Services</b>		
Number of consultations	2254	1048
<b>Primary Youth Mental Health Services</b>		
Number of young people engaged with the service	359	272
<b>Alcohol and Other Drugs clinician</b>		
Number of young people engaged with the service	53	34
<b>Transition Support Service</b>		
Number of young people engaged with the service	32	29
<b>Social Work services</b>		
Number of young people engaged with social work services	68	54
<b>Youth Service – NEET and Youth Payments</b>		
Number of young people engaged with the service	319	296
<b>Group based Services</b>		
Number of programmes delivered	49	12
Number of workshops delivered	73	25
Number of health and wellbeing promotion events attended	18	10

<sup>1</sup> Alcohol and Drug Co-Existing Problems (Mental Health) Practitioner

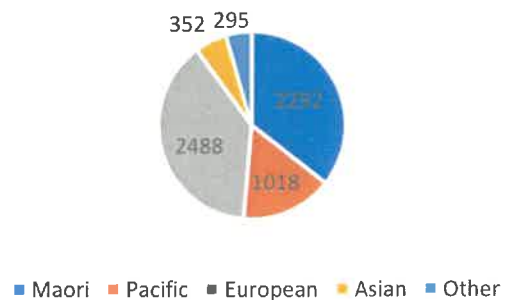


## Demographic information of young people registered with Vibe:

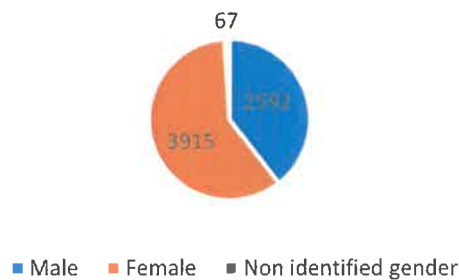
Vibe Registered Clients by Age - 30 June 2023



Vibe Registered Clients by Ethnicity - 30 June 2023



Vibe Registered Clients by Gender - Actual Data 30 June 2023



At 30 June 2023, Vibe had an active registered client population of 6,574 young people aged 10-24 years. The database registers all young people who are accessing our primary health, mental health, and social services, and is updated regularly to ensure it remains current and reflects active engagement.

### Strategic Goal 2: Strengthen Vibe

***To build our organisation's capacity and capability to meet the needs of young people in the Hutt Valley***

To achieve our mission in supporting young people, we have a continued focus on the capacity and capability of Vibe as an organisation. To this end, we undertake a range of people and system related activities to strengthen the organisation, and ultimately better enable us to achieve our mission. We also engage in quality assurance activities, and adhere to the relevant audit and accreditation processes for the services we deliver. In December 2022, we were pleased to have Te Kāhui Kāhu (Social Services Accreditation) conduct their review, and confirm our ongoing Level 2 accreditation status.

Vibe's staff are our greatest resource, and supporting them to thrive is one of our key priorities. This year we have provided a range of support and development opportunities for our staff to ensure that they are well supported in their work, and can continue to provide high quality, professional support to young people and their whānau. These opportunities include the provision of regular training and development, external supervision or coaching, EAP, and scheduled team

building activities. Our training priorities this year have had an intentional focus on cultural development, and as a full staff team we participated in The Wall Walk (August 2022) and Te Tiriti training (May 2023).

We have also been fortunate to be able to increase the scope of practice within the service through the uptake of specific training opportunities for staff including:

- Primary Mental Health Team Leader undertaking the Otago University AOD CEP postgraduate diploma, funded through the Te Pou scholarship.
- Registered Nurse undertaking the Community Nurse prescribers programme

### **Strategic Goal 3: Lead, Partner, Advocate**

#### ***To advocate for positive outcomes for young people across the health, social services, education and employment sectors***

As part of our commitment to supporting system wide outcomes for young people, our team engage in a range of formal and informal collaborations and partnerships.

As a service we partner with training institutions to actively support future workforce development through offering placement opportunities for emerging practitioners across a range of disciplines. This year we have provided student placement opportunities in the following professional areas: Bachelor of Nursing, Bachelor of Youth Development, Mental Health (CBT); Medical Students & Bachelor of Counselling.

Vibe staff are involved in forums and research opportunities at local, regional and national levels. Our team also lead and participate in professional peer networks with colleagues in the sector.

#### **Network of Youth One Stop Shops (NYOSS)**

Vibe is a member of the national Network of Youth One Stop Shops (NYOSS), a collective of the 10 currently identified YOSS in Aotearoa. Vibe's Chief Executive Bridget Roche is the current Chair of this network. This year the network has had a strong focus on strengthening of and advocacy for the YOSS sector, through collective engagement with government, and mutual support between YOSS managers and staff.

#### **Research projects**

This year Vibe has continued to support the Massey University research '*Relational resources for change – New futures for youth with complex needs*'. Two Vibe staff have been involved in interviewing young people as part of this project. This research is based on the PARTH model – a set of practice orientations identified in the Pathways to Resilience and Youth Transitions projects. <https://www.massey.ac.nz/about/news/world-first-tool-getting-youth-on-the-right-parth/>

#### **School Based Health Service Enhancement programme**

Maraea Savai'inaea has been a member of Te Tatau Kitenga and within this Te Rōpū Mātanga o Rangatahi since April 2022. This is a partnership between the Ministry of Health and the Society of Youth Health Professionals Aotearoa New Zealand (SYHPANZ). Te Tatau Kitenga provides expert advice and recommendations to Te Whatu Ora on youth-related topics and services, especially for the School Based Health Services (SBHS) priority groups: rangatahi Māori, Pacific young people, rainbow rangatahi, rangatahi in care and rangatahi with disabilities.



Te Rōpū Mātanga provides leadership and advice to ensure that the work of Te Tatau Kitenga upholds Te Tiriti o Waitangi and is focused on equity. Te Tatau Kitenga is currently focused on quality improvement and enhancement activities of SBHS. The aim of the School Based Health Services (SBHS) Enhancements Programme is to ensure SBHS empowers rangatahi to achieve their desired outcomes and contributes to equitable outcomes.

## Disclosure of Judgements

We have made several judgements on what to include in our Statement of Service Performance. This statement summarises these judgements.

Our statement of service performance reports our non-financial performance against our Mission and Strategic Goals. These outcomes are what enable us to achieve our Mission and Strategic Goals.

As this is our first year of preparing a Statement of Service Performance, we have focused on ensuring that we have some baseline measures that we can compare against in future years. There are some things that we have chosen not to report on because we have insufficient data to be able to give meaningful information at this time. We have not provided output information for Strategic Goal 2: *Strengthening Vibe*. We are also actively working to strengthen our youth and stakeholder feedback processes, as well as outcomes reporting so that we will be able to report on these in future years.

The statement was developed in consultation with the Vibe's Senior Leadership Team and was approved by the Board of Trustees.





# Hutt Valley Youth Health Trust – Vibe Statement of Financial Performance For the year ended 30 June 2023

## Directory

<b>Legal name</b>	Hutt Valley Youth Health Trust
<b>Other name of entity</b>	Vibe
<b>Entity type and legal basis</b>	Charitable Trust and Registered Charity
<b>Registration number</b>	CC29346
<b>Bank</b>	Westpac
<b>Auditors</b>	Grant Thornton
<b>Nature of business</b>	To enable young people in New Zealand (and in particular the Hutt Valley) to have access to services to promote their mental, physical, spiritual, emotional, and social health.

# Statement of Comprehensive Revenue and Expenses

Hutt Valley Youth Health Trust - Vibe

For the year ended 30 June 2023

	Notes	2023 \$	2022 \$
<b>Revenue from non-exchange transactions</b>			
Contract revenue		4,095,674	3,534,039
Grants and Donations		57,638	107,800
Total revenue from non-exchange transactions	5	4,153,312	3,641,839
<b>Revenue from exchange transactions</b>			
Interest income		30,583	6,715
Other operating revenue		17,234	7,116
Total revenue from exchange transactions		47,816	13,831
<b>Total revenue</b>		<b>4,201,128</b>	<b>3,655,670</b>
<b>Expenses</b>			
Administration Expenses	6	156,710	173,820
Client Programmes		90,384	77,228
Clinical Supplies		21,171	31,821
Depreciation	11	70,571	78,362
Loss on Disposal of Assets	11	2,029	-
Information Technology Expenses		119,339	90,886
Personnel Costs	7	3,583,568	2,834,261
Rent and Property Costs		221,845	216,322
<b>Total expenses</b>		<b>4,265,616</b>	<b>3,502,700</b>
<b>Total surplus for the year</b>		<b>(64,488)</b>	<b>152,969</b>
<b>Total comprehensive revenue and expense for the year</b>		<b>(64,488)</b>	<b>152,969</b>

These financial statements should be read in conjunction with the notes to the financial statements.

# Statement of Changes in Net Assets

Hutt Valley Youth Health Trust - Vibe  
For the year ended 30 June 2023

	Notes	2023 \$	2022 \$
<b>Accumulated Reserves</b>			
<b>Opening balance</b>		1,661,666	1,508,696
Surplus for the year		(64,488)	152,969
<b>Total comprehensive revenue and expense</b>		<b>1,597,177</b>	<b>1,661,666</b>
<b>Closing balance</b>		<b>1,597,177</b>	<b>1,661,666</b>

These financial statements should be read in conjunction with the notes to the financial statements.



# Statement of Financial Position

Hutt Valley Youth Health Trust - Vibe  
As at 30 June 2023

	Notes	2023 \$	2022 \$
<b>Current assets</b>			
Cash and cash equivalents	9	625,602	1,418,176
Investments	10	918,656	212,322
Receivables from exchange transactions	8	11,684	3,370
Receivables from non-exchange transactions	8	396,320	470,153
Prepayments		27,796	5,325
Funds held on behalf	14	18,961	28,789
		<b>1,999,018</b>	<b>2,138,136</b>
<b>Non-current assets</b>			
Property plant and equipment	11	92,135	133,482
		<b>92,135</b>	<b>133,482</b>
<b>Total assets</b>		<b>2,091,153</b>	<b>2,271,617</b>
<b>Current liabilities</b>			
Trade and other creditors		93,840	62,242
GST		61,754	159,181
Employee entitlements		205,055	137,851
Income in advance		114,365	221,888
Funds held on behalf	14	18,961	28,789
		<b>493,975</b>	<b>609,952</b>
<b>Total liabilities</b>		<b>493,975</b>	<b>609,952</b>
<b>Net assets</b>		<b>1,597,177</b>	<b>1,661,666</b>
<b>Equity</b>			
Accumulated comprehensive revenue and expense		1,597,177	1,661,666
<b>Total equity</b>		<b>1,597,177</b>	<b>1,661,666</b>

Signed for and on behalf of the Board of Trustees who authorised these financial statements for issue on 3 October 2023.

  
Trustee

  
Trustee

These financial statements should be read in conjunction with the notes to the financial statements.

# Statement of Cash Flow

Hutt Valley Youth Health Trust - Vibe  
For the year ended 30 June 2023

Notes	2023	2022
	\$	\$
<b>Cash flows from operating activities</b>		
<i>Receipts</i>		
Receipts from funders	4,061,985	3,397,957
Receipts from other grants and donations	57,638	107,800
Interest received	22,269	3,409
Receipts from other sources	17,234	7,116
Net change in restricted assets/liabilities	-	-
	<b>4,159,125</b>	<b>3,516,282</b>
<i>Payments</i>		
Payments to suppliers	(1,117,376)	(828,426)
Payment to employees	(3,096,737)	(2,473,340)
	<b>(4,214,113)</b>	<b>(3,301,766)</b>
<b>Net cash flows from/(used in) operating activities</b>	<b>(54,988)</b>	<b>214,516</b>
<b>Cash flows from investing activities</b>		
<i>Payments</i>		
Purchase of property, plant and equipment	(31,252)	(53,928)
Investments in short term deposits	(706,334)	(1,922)
	<b>(737,587)</b>	<b>(55,850)</b>
<b>Net cash flows (used in)/from investing activities</b>	<b>(737,587)</b>	<b>(55,850)</b>
Net increase/ (decrease) in cash and cash equivalents	(792,575)	158,666
Cash and cash equivalents at 1 July	1,418,176	1,259,510
<b>Cash and cash equivalents at 30 June</b>	<b>625,602</b>	<b>1,418,176</b>

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These financial statements should be read in conjunction with the notes to the financial statements.

# Notes to the financial statements

Hutt Valley Youth Health Trust - Vibe  
For the year ended 30 June 2023

## 1 Reporting entity

These financial statements comprise the financial statements of the Hutt Valley Youth Health Trust – Vibe (the “Trust”) for the year ended 30 June 2023.

The Trust was incorporated under the Charitable Trusts Act 1957 on 22 April 1996. The Trust is governed by a Trust Deed with the object of promoting the health of young people in the Hutt Valley by operating health centres and other services. The entity is also registered under the Charities Act 2005.

The Trust is a Public Benefit Entity as its primary objective is to provide goods or services to the community for social benefit rather than for a financial return.

The Board of Trustees has elected to report in accordance with Tier 2 Not for Profit PBE accounting Standards and in doing so has taken advantage of all disclosure exemptions available to it.

These financial statements have been approved and were authorised for issue by the Board of Trustees on 3 October 2023.

## 2 Basis of preparation

### (a) Statement of compliance

The financial statements have been prepared in accordance with Generally Accepted Accounting Principles in New Zealand (GAAP). They comply with Public Benefit Entity International Public Sector Accounting Standards Reduced Disclosure Regime (PBE IPSAS RDR) and other applicable Financial Reporting Standards as appropriate that have been authorised for use by the External Reporting Board for Not-for-Profit entities. For the purposes of complying with New Zealand, GAAP, the Trust is a public benefit Not- For- Profit entity and is eligible to apply the Tier 2 not for profit PBE IPSAS RDR on the basis it has no public accountability and is not defined as large.

The financial statements have been prepared on a going concern basis.

### (b) Basis of measurement

The financial statements have been prepared on a historical costs basis.

### (c) Presentation Currency

These financial statements have been presented in New Zealand Dollars, the Trust’s functional currency.

All numbers are rounded to the nearest dollar (\$), except where otherwise stated.

### 3 Summary of significant accounting policies

The significant accounting policies used in the preparation of these financial statements as set out below have been applied consistently to both years presented in these financial statements.

#### 3.1 Revenue

Revenue is recognised to the extent that it is probable that the economic benefit will flow to the Trust and revenue can be reliably measured. Revenue is measured at the fair value of the consideration received. The following specific recognition criteria must be met before revenue is recognised.

##### (a) Revenue from non-exchange transactions

###### Donations

Donations are recognised as revenue upon receipt and include donations from the general public, donations received for specific programme or services or donations in-kind. Donations in-kind include donations received for services, furniture and volunteer time and is recognised in revenue and expense when the service or good is received. Donations in-kind are measured at their fair value as at the date of acquisition, ascertained by reference to the expected cost that would be otherwise incurred by the Trust.

###### Contract and Grant Revenue

Contract and Grant revenue includes contracts entered into with organisations and grants include revenue given by other charitable organisations, philanthropic organisations and businesses. Contract and Grant revenue is recognised when the conditions attached to the grant has been complied with. Where there are unfulfilled conditions attaching to the contract or grant, the amount relating to the unfulfilled condition is recognised as a liability and released to revenue as the conditions are fulfilled.

##### (b) Revenue from exchange transactions

###### Event revenue

Entrance fees for functions and events are recorded as revenue when the function or event takes place.

###### Interest revenue

Interest revenue is recognised as it accrues, using the effective interest method and is included in the receivables from non-exchange transactions.

#### 3.2 Financial instruments

Financial assets and financial liabilities are recognised when the Trust becomes a party to the contractual provisions of the financial instrument.

The Trust derecognises a financial asset or, where applicable, a part of a financial asset or part of a group of similar financial assets when the rights to receive cash flows from the asset have expired or are waived, or the Trust has transferred its rights to receive cash flows from the asset or has assumed an obligation to pay the received cash flows in full without material delay to a third party; and either:

- the Trust has transferred substantially all the risks and rewards of the asset; or
- the Trust has neither transferred nor retained substantially all the risks and rewards of the asset but has transferred control of the asset.

## **Financial Assets**

Financial assets within the scope of NFP PBE IPSAS 29 *Financial Instruments: Recognition and Measurement* are classified as financial assets at fair value through surplus or deficit, receivables, and held-to-maturity investments or available-for-sale financial assets. The classifications of the financial assets are determined at initial recognition.

The categorisation determines subsequent measurement and whether any resulting income and expense is recognised in surplus or deficit or in other comprehensive revenue and expenses. The Trust's financial assets are classified as either financial assets at fair value through surplus or deficit, or receivables. The Trust's financial assets include: cash and cash equivalents, short-term investments, receivables from non-exchange transactions, receivables from exchange transactions and investments. All financial assets except for those at fair value through surplus or deficit are subject to review for impairment at least at each reporting date. Financial assets are impaired when there is any objective evidence that a financial asset or group of financial assets is impaired. Different criteria to determine impairment are applied for each category of financial assets, which are described below.

## **Receivables**

Receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market. After initial recognition, these are measured at amortised cost using the effective interest method, less any allowance for impairment. The Trust's cash and cash equivalents, short-term investments, receivables from non-exchange transactions, receivables from exchange transactions and non-equity investments fall into this category of financial instruments.

## **Impairment of financial assets**

The Trust assesses at the end of each reporting date whether there is objective evidence that a financial asset or a group of financial assets is impaired. A financial asset or a group of financial assets is impaired and impairment loss is incurred if there is objective evidence of impairment as a result of one or more events that occurred after the initial recognition of the asset (a 'loss event') and that loss event has an impact on the estimated future cash flows of the financial asset or the group of financial assets that can be reliably estimated.

For financial assets carried at amortised cost, if there is objective evidence that an impairment loss on receivables carried at amortised cost has been incurred, the amount of the loss is measured as the difference between the asset's carrying amount and the present value of the estimated future cash flows discounted at the financial asset's original effective interest rate. The carrying amount of the asset is reduced through the use of an allowance account. The amount of the loss is recognised in the surplus or deficit for the reporting period.

In determining whether there is any objective evidence of impairment, the Trust first assesses whether there is objective evidence of impairment of financial assets that are individually significant, and individually or collectively significant for financial assets that are not individually significant. If the Trust determines that there is no objective evidence of impairment for an individually assessed financial asset, it includes the asset in a group of financial assets with similar credit risk characteristics and collectively assesses them for impairment. Assets that are individually assessed for impairment and for which an impairment loss is or continues to be recognised are not included in a collective assessment for impairment.



If in a subsequent period, the amount of the impairment loss decreases and the decrease can be related objectively to an event occurring after the impairment was recognised, the previously recognised impairment loss is reversed by adjusting the allowance account. If the reversal results in the carrying amount exceeding its amortised cost, the amount of the reversal is recognised in surplus or deficit.

### **Financial liabilities**

The Group's financial liabilities include trade and other creditors (excluding GST and PAYE), employee entitlements, and deferred income (in respect to grants whose conditions are yet to be complied with).

All financial liabilities are initially recognised at fair value (plus transaction cost for financial liabilities not at fair value through surplus or deficit) and are measured subsequently at amortised cost using the effective interest method except for financial liabilities at fair value through surplus or deficit.

### **3.3 Cash and cash equivalents**

Cash and cash equivalents are short term, highly liquid investments that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value.

### **3.4 Short term investments**

Short term investments comprise term deposits which have a term of greater than three months and therefore do not fall into the category of cash and cash equivalents.

### **3.5 Property, plant and equipment**

Items of property, plant and equipment are measured at cost less accumulated depreciation and impairment losses. Cost includes expenditure that is directly attributable to the acquisition of the asset. Where an asset is acquired through a non-exchange transaction, its cost is measured at its fair value as at the date of acquisition.

Depreciation is charged on a straight-line basis over the useful life of the asset. Depreciation is charged at rates calculated to allocate the cost or valuation of the asset less any estimated residual value over its remaining useful life:

- Computer equipment 25% - 33%
- Furniture and Fittings 10% - 12%
- Plant and equipment 10% - 25%
- Leasehold improvements 5% - 50%

Depreciation methods, useful lives and residual values are reviewed at each reporting date and are adjusted if there is a change in the expected pattern of consumption of the future economic benefits or service potential embodied in the asset.

### **3.6 Leased Assets**

All leases held by the Trust are classified as operating leases.

Payments made under operating leases are recognised in the surplus or deficit on a straight-line basis over the term of the lease. Lease incentives received are recognised as an integral part of the total lease expense, over the term of the lease. Associated costs, such as maintenance and insurance, are expensed as incurred.

### **3.7 Leases**

Payments on operating lease agreements, where the lessor retains substantially the risk and rewards of ownership of an asset, are recognised as an expense on a straight-line basis over the lease term.

### **3.8 Employee benefits**

#### **Wages, salaries and annual leave**

Liabilities for wages and salaries, annual leave and accumulating sick leave are recognised in surplus or deficit during the period in which the employee provided the related services. Liabilities for the associated benefits are measured at the amounts expected to be paid when the liabilities are settled.

### **3.9 Income Tax**

Due to its charitable status, the Trust is exempt from income tax. The Trust registered as a registered charity in June 2008.

### **3.10 Goods and services tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST except for receivables and payables, which are stated with the amount of GST included.

The net amount of GST recoverable from, or payable to, the Inland Revenue Department is included as part of receivables or payables in the statement of financial position.

Cash flows are included in the statement of cash flows on a gross basis and the GST component of cash flows arising from investing and financing activities, which is recoverable from, or payable to, the Inland Revenue Department is classified as part of operating cash flows.

### **3.11 Equity**

Equity is the Trusts interest in the Entity, measured as the difference between total assets and total liabilities. Equity is made up of the following components:

#### **Accumulated comprehensive revenue and expense**

Accumulated comprehensive revenue and expense is the Trust's accumulated surplus or deficit since its formation, adjusted for transfers to/from specific reserves.

There are currently no specific reserves.

## **4 Significant accounting judgements, estimates and assumptions**

The preparation of the Trust's financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts of revenues, expenses, assets and liabilities, and the accompanying disclosures, and the disclosure of contingent liabilities. Uncertainty about these assumptions and estimates could result in outcomes that require a material adjustment to the carrying amount of assets or liabilities affected in future periods.



### **Judgements**

In the process of applying the Trust's accounting policies, management has made the following judgements, which have the most significant effect on the amounts recognised in the financial statements:

#### **Operating lease commitments**

The Trust has entered into operating leases.

The Trust has determined, based on an evaluation of the terms and conditions of the arrangements, such as the lease term not constituting a substantial portion of the economic life of the asset, that it does not retain all the significant risks and rewards of ownership of these assets and accounts for the contracts as operating leases.

#### **Estimates and assumptions**

The key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date, that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year, are described below. The Trust based its assumptions and estimates on parameters available when the financial statements were prepared. Existing circumstances and assumptions about future developments, however, may change due to market changes or circumstances arising beyond the control of the Trust. Such changes are reflected in the assumptions when they occur.

#### **Useful lives and residual values**

The useful lives and residual values of assets are assessed using the following indicators to determine potential future use and value from disposal:

- The condition of the asset
- The nature of the asset, its susceptibility and adaptability to changes in technology and processes
- The nature of the processes in which the asset is deployed
- Availability of funding to replace the asset
- Changes in the market in relation to the asset
- The estimated useful lives of the asset classes held by the Trust are listed in Note 3.5.



## 5 Revenue from non-exchange transactions

Revenue from non-exchange transactions received during each reporting period are made up of the following:

	Notes	2023 \$	2022 \$
Hutt Valley District Health Board		1,763,276	1,591,800
Ministry of Social Development		948,364	709,440
Oranga Tamariki		686,845	687,109
Kapiti Youth Support		385,558	365,008
Capital Training		166,200	0
Te Awakairangi Health Funding		36,971	35,913
Ministry of Youth Development		27,470	0
Capital and Coast District Health Board		0	85,027
RespectEd		4,275	9,968
Massey University		14,900	6,197
Auckland University		61,813	43,580
Grant – Lotteries		46,667	105,000
Grant – Ara Taiohi		870	0
Donations other		7,001	200
		<b>4,150,212</b>	<b>3,639,239</b>
Donations – in kind	6	3,100	2,600
<b>Total revenue from non-exchange transactions</b>		<b>4,153,312</b>	<b>3,641,839</b>

## 6 Administration Fees

Expenses within Administration include payments to Trustees. Some trustees donate the fee that would have been payable. Donations in kind relate to the corresponding expense. 2023: \$3,100 (2022: \$2,600).

## 7 Personnel Costs

Personnel costs includes both staff paid by salaries and wages plus staff employed as contractors.

	Notes	2023 \$	2022 \$
Salaries & KiwiSaver		3,208,895	2,567,560
Contractors		144,829	133,534
Other Personnel costs		229,844	133,167
		<b>3,583,568</b>	<b>2,834,261</b>

## 8 Receivables

	<b>2023</b>	<b>2022</b>
	\$	\$
Trade receivables & Credit Cards (in Credit)	396,320	470,153
Other receivables	11,684	3,370
<b>Total</b>	<b>408,003</b>	<b>473,523</b>

Non-exchange receivables are non-interest bearing and receipt is normally on 20 days terms. Therefore, the carrying value of trade debtors and other receivables approximates its fair value.

As at 30 June 2023 and 2022, all overdue receivables have been assessed for impairment and appropriate allowances made. All receivables are subject to credit risk exposure.

## 9 Cash and cash equivalents

Cash and cash equivalents include the following components:

	<b>2023</b>	<b>2022</b>
	\$	\$
Cash at Westpac Bank on call	625,518	1,418,176
Credit Card Westpac (in funds)	84	
<b>Total cash and cash equivalents</b>	<b>625,602</b>	<b>1,418,176</b>

## 10 Investments

Term deposits – Maturing within 12 months of balance date	<b>2023</b>	<b>2022</b>
	\$	\$
Kiwibank Term deposits	115,198	111,310
Westpac term deposits	803,458	101,012
	<b>918,656</b>	<b>212,322</b>

The Westpac Bank hold a security dated 19 February 2015 over the funds held in one of the Term Deposits as collateral to cover the fortnightly payroll. The Westpac Bank also hold a General Security Agreement dated 19 February 2015 over these funds.



## 11 Property plant and equipment

30 June 2023	Opening	Additions	Loss on disposal	Depreciation	Net book value	Cost	Accumulated depreciation	Net book value
Building Fitout/Leasehold Improvement	23,395			11,291	12,103	105,182	(93,078)	12,103
Computer Equipment	65,724	26,531	(2,029)	46,506	43,720	228,340	(184,619)	43,720
Furniture & Fittings	25,150			8,100	17,051	96,896	(79,845)	17,051
Plant & Equipment	19,212	4,722		4,674	19,260	49,790	(30,530)	19,260
	<b>133,482</b>	<b>31,252</b>	<b>(2,029)</b>	<b>70,571</b>	<b>92,135</b>	<b>480,208</b>	<b>(388,073)</b>	<b>92,135</b>

30 June 2022	Opening	Additions	Loss on disposal	Depreciation	Net book value	Cost	Accumulated depreciation	Net book value
Building Fitout/Leasehold Improvement	38,537			15,140	23,395	105,182	(81,787)	23,395
Computer Equipment	76,571	39,487		50,334	65,724	207,192	(141,468)	65,724
Furniture & Fittings	32,602	1,447		8,899	25,150	96,896	(71,746)	25,150
Plant & Equipment	10,206	12,994		3,989	19,212	45,069	(25,857)	19,212
	<b>157,916</b>	<b>53,928</b>	<b>-</b>	<b>78,362</b>	<b>133,482</b>	<b>454,338</b>	<b>(320,857)</b>	<b>133,482</b>

## 12 Related party transactions

Related Party	2023	2023
	\$ Value of transactions	\$ Amount Outstanding
Te Awakairangi Health network (TeAHN)	<b>36,971</b>	<b>3,569</b>

In 2023 Bridget Allan is both Chief Executive of Te Awakairangi Health (TeAHN) network and a board member for the trust and Board Member Scott Fisher is part of the management of this organization.

The Trust received income for providing services to TeAHN

Related Party	2022	2022
	\$ Value of transactions	\$ Amount Outstanding
Te Awakairangi Health network (TeAHN)	<b>35,913</b>	<b>3,465</b>

In 2022 Bridget Allan is both Chief Executive of Te Awakairangi Health (TeAHN) network and a board member for the trust.

The Trust received income for providing services to TeAHN



## 12 Key Management Personnel

The key management personnel, as defined by PBE IPSAS 20 *Related Party Disclosures*, are the members of the governing body, which is comprised of the Board of Trustees, Chief Executive Officer (CEO), Operations Manager, Clinical Manager, and Social Service Manager, which constitutes the governing body of the Trust.

<b>Key Management Personnel</b>	<b>2023</b>	<b>2022</b>
	<b>\$</b>	<b>\$</b>
Salaries and other short-term employee benefits of key personnel	487,957	423,443
Trustee fees includes amounts offset in donations in kind	17,900	12,150
Number of persons as key management (FTE)	3.6	3.8

## 13 Leases

As at the reporting date, the Board of Trustees has entered the following non-cancellable operating leases.

<b>Operating lease commitments</b>	<b>2023</b>	<b>2022</b>
	<b>\$</b>	<b>\$</b>
Not later than one year	155,054	72,719
Later than one year and no later than five years	73,231	4,142
	<b>228,284</b>	<b>76,861</b>

## 14 Funds Held on behalf

(a) The Trust in 2016 was appointed as the fund holder of the Network of Youth One Stop Shops (NYOSS) and received \$20,000 as a grant for this work.

<b>NYOSS</b>	<b>2023</b>	<b>2022</b>
	<b>\$</b>	<b>\$</b>
Opening funds Held	14,070	15,570
Plus, funds received	112	10
Less Net Expenses paid	(5,444)	(1,510)
<b>Net to carry forward per the bank account</b>	<b>8,738</b>	<b>14,070</b>

(b) During the year ended 30 June 2018 the Pacific All Stars received a grant of \$20,000 from the JR McKenzie Trust to further their aims and objectives. The funds are held in Trust and administered by Vibe.

<b>Pacific All Stars</b>	<b>2023</b>	<b>2022</b>
	<b>\$</b>	<b>\$</b>
Opening funds held	14,720	16,999
Plus, funds received	140	11
Less Net Expenses	(4,637)	(2,290)
<b>Net to carry forward and per Bank Account</b>	<b>10,223</b>	<b>14,720</b>

**Total funds in trust carried forward**

**18,961      28,789**

## 15 Capital commitments

There were no capital commitments at the reporting date. (2022: None).

## 16 Contingent assets and liabilities

There are no contingent assets for liabilities at the reporting date. (2022: None).

## 17 Events after the reporting date

The Board of Trustees and management is not aware of any other matters or circumstances since the end of the reporting period, not otherwise dealt with in these financial statements that have significantly or may significantly affect the operations of the Trust. (2022: None).

## 18 Categories of financial assets and liabilities

The carrying amounts of financial instruments presented in the statement of financial position relate to the following categories of assets and liabilities.

### Financial assets at fair value through surplus or deficit

Financial Assets & Liabilities	2023 \$	2022 \$
<b>Financial Assets</b>		
Cash and cash equivalents	625,517	1,418,176
Short term Investments	918,656	212,322
Receivables from exchange transactions	11,684	3,370
Receivables from non-exchange transactions	396,404	470,153
	<b>1,952,261</b>	<b>2,104,021</b>
<b>Financial Liabilities</b>		
<i>At amortised cost</i>		
Trade & Other Creditors	155,593	221,422
Employee entitlements	205,055	137,851
Deferred Income (Conditions attached)	114,365	221,888
	<b>475,014</b>	<b>581,162</b>
<b>Net financial Assets</b>	<b>1,477,247</b>	<b>1,522,859</b>





## Independent Auditor's Report

### To the Trustees of Hutt Valley Youth Health Trust - Vibe

### Report on the Audit of the performance report

#### Opinion

We have audited the performance report of Hutt Valley Youth Health Trust - Vibe (the "Trust") which comprise:

- a. the financial statements set out on pages 15 to 29, which comprise the statement of financial position as at 30 June 2023, and the statement of comprehensive revenue and expense, statement of changes in net assets, and cash flow statement for the year then ended, and notes to the financial statements, including a summary of significant accounting policies; and
- b. the statement of service performance on page 8 to 13.

In our opinion, the accompanying performance report present fairly, in all material respects:

- a. the financial position of the Trust as at 30 June 2023 and its financial performance and cash flows for the year then ended; and
- b. the service performance for the year ended 30 June 2023 in accordance with the Trust's service performance criteria

in accordance with the Public Benefit Entity Standards issued by the New Zealand Accounting Standards Board.

#### Basis for Opinion

We conducted our audit of the financial statements in accordance with International Standards on Auditing (New Zealand) (ISAs (NZ)) and the audit of the service performance information in accordance the International Standard on Assurance Engagements (New Zealand) (ISAE (NZ)) 3000 (Revised) issued by the New Zealand Auditing and Assurance Standards Board. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the General-Purpose Financial Report* section of our report. We are independent of the Entity in accordance with Professional and Ethical Standard 1 *International Code of Ethics for Assurance Practitioners (including International Independence Standards) (New Zealand)* issued by the New Zealand Auditing and Assurance Standards Board, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Our firm provided advisory work to Hutt Valley Youth Health Trust – Vibe in the implementation of the Statement of Service Performance. The firm has no other relationship with, or interest in, Hutt Valley Youth Health Trust – Vibe.

#### Other Information Other than the Financial Statements and Auditor's Report thereon

The Trustees are responsible for the other information. The other information comprises the information on pages 6 to 7 in the financial report but does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of audit opinion or assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Responsibilities of Those Charged with Governance for the Performance Report**

Those charged with governance are responsible on behalf of the Entity for:

- (a) the preparation and fair presentation of the financial statements and statement of service performance in accordance with Public Benefit Entity Standards issued by the New Zealand Accounting Standards Board;
- (b) service performance criteria that are suitable in order to prepare service performance information in accordance with Public Benefit Entity Standards; and
- (c) such internal control as those charged with governance determine is necessary to enable the preparation of the financial statements and statement of service performance that are free from material misstatement, whether due to fraud or error.

In preparing the general-purpose financial report, the Trustees on behalf of the entity are responsible for assessing the Trust's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless those charged with governance either intend to liquidate the Trust or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the Audit of the Performance Report**

Our objectives are to obtain reasonable assurance about whether the performance report as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (NZ) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the performance report.

As part of an audit in accordance with ISAs (NZ) and ISAE (NZ) 3000 (Revised), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements and the service performance information, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of the Trust's internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Trust's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of the use of the going concern basis of accounting by those charged with governance and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Trust's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Trust to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements and the service performance information, including the disclosures, and whether the financial statements and the service performance information represents the underlying transactions and events in a manner that achieves fair presentation.
- Perform procedures to obtain evidence about and evaluate whether the reported outcomes and outputs, and quantification of the outputs to the extent practicable, are relevant, reliable, comparable and understandable.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

**Restriction on use of our report**

This report is made solely to the Trust's Trustees, as a body. Our audit work has been undertaken so that we might state to the Trust's Trustees, as a body, those matters which we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Trust and its Trustees, as a body, for our audit work, for this report or for the opinion we have formed.

**Grant Thornton New Zealand Audit Limited****B Kennerley****Partner****Wellington****20 October 2023**

## Acknowledgements

The Vibe Board would like to acknowledge and thank the Vibe leadership team and staff, the Vibe Rangatahi Group, Te Whatu Ora, Te Awakairangi Health Network, Oranga Tamariki, Ministry of Social Development, Ministry of Youth Development, Lottery Grants Board, Massey University, University of Auckland, Capital Training, Pacific Health Services Hutt Valley, Kinsmen S.MC, Sprig & Fern Petone, PATPAT Community, Findex and Soroptimist International Lower Hutt.

Special thanks to our support service providers including Vitae, IT Works, Mana Recruitment, McLaren Associates, our cleaners Cleantastic and Hutt City Cleaners.

We would also like to specifically thank all our wonderful external supervisors who provide excellent professional support to our team.

We thank you all for your ongoing support.

## Our Team

Hutt Valley Youth Health Trust Board Members:

Leanne Spice (Chair)

Giselle Iradukunda

Vai Tuita'alili

Joseph Basire

Scott Fisher

Sionainn King

Bridget Allan (to March 2023)

Tania Wilkinson (to March 2023)

Vibe Senior Leadership Team:

Bridget Roche, Chief Executive (to 5 October 2023)

Erin Cassidy, Operations Manager

Maraea Savai'inaea, Clinical Manager Services

Jodi Breukers, Social Services Manager (Acting)

Vibe

P O Box 31-126

Lower Hutt 5040

Street Address

4 Daly Street

Lower Hutt

P: (04) 566-0525

Unit 3, 222-228 Main Street

Upper Hutt

P: (04) 528-6261

**FREE PHONE:** 0800 CHAT 2 VIBE (0800 24 28 28)

**E:** [info@vibe.org.nz](mailto:info@vibe.org.nz)

**W:** [www.vibe.org.nz](http://www.vibe.org.nz)