



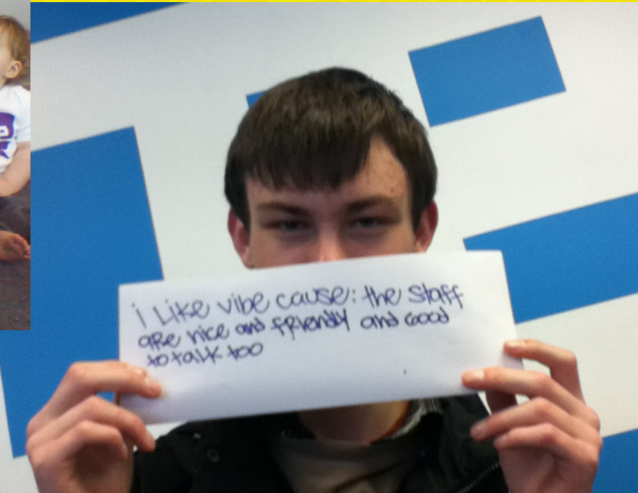
VIBE OPERATES FORM 9 SITES IN THE LOWER NORTH ISLAND

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Lower Hutt 5010  
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www.vibe.org.nz

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**YOUTH**  
.....  
SERVICE



TO ENABLE HUTT VALLEY PEOPLE TO ACCESS  
SERVICES TO PROMOTE THEIR WELLBEING

GENERAL MANAGER’S REPORT

RESPONDING TO CHANGE

The 2012/2013 year was one of new territory, one of challenge and excitement, and one which saw Vibe respond rapidly to changes in service delivery. As a service we farewelled some long serving staff members and combined experienced staff with new talent and expertise to get about the business of business as usual, while integrating Youth Service to our well established health and support services.

In August 2012 Vibe said goodbye to the well-established Youth Transition Service, picking up the reins to deliver the new look Youth Service contract. Youth Service, the first cab off the rank in national welfare reforms, saw Vibe adapt social work practice to a youth development model providing support to 16-17 year olds and 16-18 year old young parents who are eligible to receive Government Financial Assistance and 16-17 year old Not Engaged in Education or Training (NEET).

Improving youth mental health has been a focus this year, with Right Honourable John Key visiting Vibe in April as part of his Youth Mental Health initiative. This was a fantastic opportunity to showcase our services, and to demonstrate the commitment of Youth One Stop Shop (YOSS) providers nationally, to improving outcomes for young people experiencing mild to moderate mental health issues. The addition of targeted services in this space, while small, is a great place to start, as Vibe works towards to increasing capacity in this area.

In the midst of growth and change Support Service staff renovated our community house at Upper Hutt, after getting feedback from young people that the place needed a makeover! Thanks to TG McCarthy Trust Vibe was able to create a more clinical 'youth friendly' space with a coat of paint, new carpet and couches, young people tell us it's more like a clinic now ☺. This feedback demonstrated young people do care about their environment, and want to have a say in how services for youth are provided.

Taking over as Acting General Manager late 2012, and officially from March 2013, there is a sense of achievement about the organisation. Vibe is a unique service, representing a diverse community, noticeably affected by the strain of coping in difficult economic times. As we continue to adapt and respond to the changing needs of our community, there is a sense of purpose and well-being about the staff.



I am proud to lead Vibe into the next phase of our journey, and would like to thank the Trust Board for their support in navigating change, and acknowledge the professionalism of our staff, who are committed to achieving excellence, and contributing the wellbeing of the community as a whole.

*Kerry Leggett*

Kerry Leggett  
General Manager

CLINICAL REPORT

VIBE HEALTH SERVICE

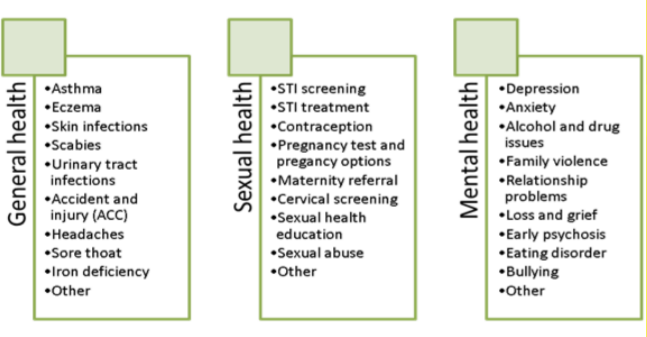
Vibe is pleased to have experienced and committed youth health staff including; registered nurses, nurse practitioner, doctors, counsellors, social workers and youth workers. The Vibe health service consists of a network of nine health service sites which allows young people between 10 – 24 years of age that are living in the Hutt Valley to access youth appropriate primary health care. Vibe health service sites include; Lower Hutt community-based service, Upper Hutt community-based service, Taita College, Naenae College, St. Bernard's College, Wainuiomata High School, Hutt Valley Teen Parent Unit, Hutt Valley Activity Centre, Epuni CYF Care and Protection Residence. The Vibe health team work to support young people with a range of health issues including; general health, sexual health and mental health. The 2012/2013 year has seen an increase in the number of young people presenting with mental health needs across the service sites. Increased mental health capacity at Vibe through contracts with Te Awakairangi Health Network and the HVDHB/ MOH have enabled young people to access up to 8 individual counselling/ youth mental health sessions. These contracts have increased the ability of Vibe to provide mental health assessment, brief interventions and case management for clients with more complex mental health needs. In term two - 2013 the Vibe counsellors developed a pilot programme for the younger teen/pre-teen group called "Clear, Calm and Confident" and renamed by the young people as "Sweat As". This programme was designed for 12-13 years olds who want to build on their skills of resiliency and be champions in living with changes at home and become more confident in meeting the challenges of what life unexpectedly brings their way. It is hoped that this pilot programme can be continued in the future to support the mental health needs of this younger group.

SCHOOL-BASED HEALTH SERVICES -

During the 2012/2013 year Vibe school-based health services have been provided at six secondary school sites; Taita College, Naenae College, St. Bernard's College, Wainuiomata High School, Hutt Valley Teen Parent Unit and the Hutt Valley Activity Centre. Funding from the MOH for nursing services in decile 1 – 3 schools from Jan 2013 in has allowed Vibe to increase nursing services at Taita College from Feb 2013, including comprehensive health assessment for all year 9 students. School-based health services enable early intervention for a range of health needs, and reduce barriers to health care for families/whānau and supports educational achievement. Vibe is pleased to work in partnership with local secondary schools to promote positive youth health and development and educational success.

EPUNI CYF RESIDENCE

The Vibe registered nurses and doctor working at the Epuni CYF Residence work to support the complex health care needs of the young people admitted to this secure CYF residence. Care interventions are planned in conjunction with the young person, individually with CYF case managers and also through the MDT process. The health team at Epuni are passionate about addressing the health care needs of the young people in the Epuni residence and are pleased to work in collaboration with Epuni CYF staff to support positive health outcomes for this vulnerable group of young people. The Vibe Epuni Health team would like to thank hospital departments and specialists at the Lower Hutt hospital for their support in fast tracking appointments for Epuni young people that come into the residence with a wide range of unmet health needs.



SUPPORT SERVICE REPORT

FOR THE SOCIAL SUPPORT TEAM, IT HAS BEEN A YEAR OF ACHIEVEMENT AND CHANGE:

The privilege of the work we do; is to connect to many amazing, vibrant young people. Every day, we see their strengths, their abilities and passions. We hear their questions; have discussions about everything under and above the sun; we talk about their dreams, their passions and their fears, and most of all – we laugh. These youth are our community; they are our leaders, our planners, thinkers and believers. With them, 2012/2013 has been an incredible year:

Peer Soup – Youth Development Programme

This programme taught and developed support skills; so the ten amazing participants are best able to support their peers and community. A few workshops we looked at were: 'beliefs and values' 'cultural context' 'being non-judgemental' 'active listening' and 'limitations, boundaries and ethics'. Peer Soup was filled with so much laughter, a lot of listening, talking and sharing. It was an amazing programme that illustrates the strength of Hutt Valley youth, and the ability and willingness to support their peers the best they can.



Other Youth Development Programmes Vibe has delivered this year have been: The Tokelau Support Group (with St Bernards College); Sex and Ethics (with the Teen Parent Unit); Jacket Boys (with boys across the Hutt Valley); DIP (Drop In Programme – in Lower Hutt and Wainuiomata); Liaison Training (with Hutt Valley High School Liaisons); and Peer Support Training (with Wainuiomata youth).



Health Promotion – Workshops

The support team loves developing and delivering workshops with good healthy messages. This year, we've done several, on subjects like: Bullying – looking at the bully, bullied and bystander – and what each person can do to step in and make the situation better. We have also run a Sexual Health workshop, looking at how people can keep themselves sexually healthy. Alcohol and Drug workshops exploring how to keep yourself and mates safe.

Keeping Reception VIBE-rant and friendly

This year we have gone under renovations at Upper Hutt and Lower Hutt Vibe. This is so we keep our spaces clean, vibrant and youth friendly. Upper Hutt has gone through a massive change, and now has couches that aren't ancient, carpet that won't send you into a trance, and our clinic looks brand-new!

In Lower Hutt, we've moved our reception area and have been working on making our waiting room more interactive and fun for those waiting for appointments. What HASN'T changed is our awesome music, our friendly and cheerful faces, good conversation and competitive table tennis games. We encourage Vibe youth to come and hang out, relax in the space and have a chat – because that's the best part of our day.

Acknowledgements

This Annual Report marks one year of the Support Service Team! It has been a year of extremes; our team went from four Youth Workers, to two; and a reduction in Social Work hours. Despite the hardships, we have strengthened programmes, delivered some seriously cool projects, and worked alongside many young people to create change.

Thank you to the donors and the funders of the Support Service Team: The HVHB, MYD, Z, the TJ McCarthy Trust, The Warehouse, the Camera House, Dick Smith Electronics, Ian Schofar Pharmacy, Empire Skate, Subway. Without you – the past year would have been boring! Thank you to the all the Youth who participated in a Support Team event – with you, the past year has been incredible!

YOUTH SERVICE REPORT

It has been a busy year for the Youth Service team with the MSD contract going live in August 2012. Youth Service is a new way of working with young people who need support to engage with education and training, and is the first time a community organisation like Vibe has provided support to young people in receipt of Youth Payment and Young Parent Payment. The team works specifically with 16 & 17 Year olds and 16 to 18 year old young parents, and is the fastest growing team! Youth Service at Vibe now has 4 Social Workers, 6 Youth Coaches and 1 Youth Worker/Administrator who provide one on one support to young people who meet the criteria, supporting them to transition into education and develop skills for life.

Although the Youth Service contract delivers a targeted service, we have continued to see a need to support young people of all ages wanting to get into the work force. As a result 2 Youth workers (from the Youth Services Team & Support Service Team) have established 'The Workshop', a weekly drop in programme focussing on supporting young people up to age 24 to get into the workforce. The Workshop covers topics such as CV writing, cover letters, interview skills and how to impress employers with great presentation.

The WorkShop is not the only new workshop Vibe is running alongside Youth Service. In collaboration with The Learning Centre: Whanau Family Support, we have run 7 Budgeting programmes and in collaboration with The Parenting Place & Plunket; the team has run 4 parenting programmes for young parents. Chill n Chat; a young parents support group continues to see a regular group of young parents coming together weekly to socialise and share their experiences of parenting.

Amongst all the hard work, the team has acknowledged all the educational achievements and hard work of our young people by running fun activities in the holidays. These activities have included trips out to Paraparaumu Beach where we went swimming & digging for pipis and ate fish n chips on the beach, a trip to H20 Xtreme and also collaborating with Kokiri Marae Social Services to run a Ki O Rahi sporting event.

The Youth Service team has continued to develop strong networks with the local Private Training Educators and High Schools in the Hutt Valley with the aim of working more closely with them to support young people enrolled to achieve NCEA level 1 & 2 and develop their career goals.



The Youth Service team are also crazy about learning, completing lots of short courses and professional development over the last year to ensure our own skills and knowledge are spot on and able to meet the needs of our young people.

Going forward, the Youth Services Team hopes to continue striving towards delivering an excellent service and supporting young people to reach their potential.



Youth Week! Celebrating youth across New Zealand

Even though we like to celebrate youth every week, Youth Week is a special week in May celebrated by everyone across New Zealand. This year, the theme was 'Live like a Legend' so we took the opportunity to celebrate our legends, and run a competition for local youth legends to show us their legendary photos.

FINANCIAL REPORT

SUMMARY FINANCIAL REPORTS

Presented here are the Summary Financial Statements of Hutt Valley Youth Health Trust (VIBE), a not-for-profit entity, for the year ended 30 June 2013, which were extracted from the full Financial Statements which comply with generally accepted accounting practice in New Zealand. Vibe has taken advantage of all exemptions available under the differential reporting framework. The full Financial Statements were authorised for issue by the Board on 28 August 2013.

The summary Financial Statements cannot be expected to provide as complete an understanding of the financial position and financial performance of VIBE as provided by the full Financial Statements. These summary Financial Statements are in compliance with FRS-43: Summary Financial Reports.

An audit report, containing an unqualified opinion on the financial position and financial performance was issued for the full Financial Statements on 28 August 2013. A copy of the full Financial Statements can be requested from VIBE, PO Box 31-126, Lower Hutt.

SUMMARY STATEMENT OF FINANCIAL PERFORMANCE FOR THE YEAR ENDED 30 JUNE 2013	2013	2012
Income		
Health & Youth Services Funding	2,199,157	1,698,419
Corporate Funding	-	38,580
Grants	7,641	10,169
Other Income	19,338	49,271
Total Income	2,226,136	1,796,439
Expenses		
Personnel Expenses	1,624,916	1,448,259
Rent & Property Expenses	171,481	168,666
Other Expenses	245,806	224,606
Total Expenses	2,042,203	1,841,531
Net Surplus/(Deficit) for the Year	183,933	(45,092)

SUMMARY STATEMENT OF MOVEMENT OF ACCUMULATED FUNDS FOR THE YEAR ENDED 30 JUNE 2013	2013	2012
Opening Accumulated funds	50,881	95,973
Net Surplus/(Deficit) for the Year	183,933	(45,092)
Closing Accumulated Funds	234,814	50,881

SUMMARY STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2013	2013	2012
Current Assets	347,316	113,721
Non Current Assets	94,300	63,407
Total Assets	441,616	177,128
Current Liabilities	(206,802)	(126,247)
Net Assets	234,814	50,881
Represented by:		
Accumulated Funds	234,814	50,881

Changes in Accounting Policy

There have been no changes in accounting policies. The policies have been applied on a basis consistent with prior years.

Declaration of Interests

Max Shierlaw is both a Councillor on the Lower Hutt City Council and a Board Member for the Trust. The Trust has received grants from the Lower Hutt City Council during the year.

CHAIRPERSON'S REPORT

Tēnā koutou,  
It gives me great pleasure on behalf of the Hutt Valley Youth Health Trust (also known as the 'Vibe Board') to present this years' Annual Report.

I am very proud of progress over the 2012/13 year, under the leadership of the new General Manager, Kerry Leggett, and of the whole Vibe team, employed staff, Doctors, Nurses, Social Workers and Youth Workers.

Health services generally, and One Stop Shops such as Vibe, are undergoing major systemic and financial pressures. As part of positioning Vibe well for the future the Board has been addressing key areas such as Board composition and governance activities, financial systems management and providing strong support for the on-going development of its services, around safety and quality, effectiveness and efficiency.

For Vibe the past year has been a blend of the old and the new. The organisation has been delivering business as usual on its health service contracts and it has been setting up and delivering the new Youth Service contracts contracted by the Ministry of Social Development, Te Manata Whakahiato Ora (MSD). Vibe is very proud to be working in partnership with young people, the community, and the Funder, in delivering these services that will better support at risk young people achieve economic independence and reduce the risk of long term benefit dependency through better education, employment, or training outcomes.

Vibe is committed to establishing even stronger links in the future with young people, their families and whānau, and with other providers. Of special mention is the on-going commitment to working with other youth services and related services to encourage and support innovative ways of working together and achieving collective impact, and improved sustainability, so that for any young person any door in to a youth service is the right door to achieve even better individual and family whānau outcomes.

The Board is committed to supporting Vibe in revising its strategic direction to become increasingly sustainable and capable in making the biggest possible difference it can in the lives of young people. Strategic Planning activities are currently underway and I will be able as Chair to provide you with an update next year of progress made.

My sincere thanks to our Funders, and our staff, and all supporters of Vibe, and my fellow Trustees for the wonderful combined efforts over this recent year. Nāku, noā

*Angela Crawford*

Chairperson  
Hutt Valley Youth Health



**GOVERNANCE TEAM**  
Angela Crawford – Chairperson  
Max Shierlaw – Trustee  
Campbell Barry – Trustee  
Murray Pascoe – Trustee

**MANAGEMENT TEAM**  
Kerry Leggett – General Manager  
Gill Alcorn – Clinical Manager  
Julie Mills – Administration Manager

**TEAM LEADERS**  
Maraea Savaiinaea – Clinical  
Leah Rothman – Support Service  
Amy Gibbs – Youth Service

