

## Specialist Youth Clinician Alcohol and Other Drugs/Co-existing Problems Position Description

### **Vibe's Mission:**

"Hei whakahohe o Awa kairangi iwi taitamariki ki te uru ratonga e whakatairanga ratou oranga"  
"To enable Hutt Valley young people to access services that promote their wellbeing"

### **About Vibe:**

Vibe (Hutt Valley Youth Health Trust) is a Youth One Stop Shop (YOSS) providing free, confidential primary health and social support services for Hutt Valley young people aged 10-24 years. These services are provided 'under one roof' to reduce barriers to young people accessing support.

Vibe's clinical team consists of nurses, GP's and mental health professionals who provide primary health and therapeutic interventions. Vibe also provides a range of social support services that cater to the diverse needs and aspirations of rangatahi. We have youth workers, youth coaches and social workers who provide both one on one and group-based support. Vibe also provides educational and developmental programmes and workshops.

### **About the role:**

This role is part of Vibe's clinical team, and has three key areas of responsibility:

- Clinical assessment and intervention
- Capability building within Vibe and across Hutt Valley
- Consult liaison and community education

The specialist youth clinician will primarily provide support to youth and the community within the Hutt Valley but will contribute to the overall development of youth AOD/CEP capability across the Greater Wellington Region.

This role is part of a broader Collaborative that consists of the AOD CEP clinicians from the other Wellington Region YOSS, and the specialist youth AOD CEP team within MHAIDS.

This position will work closely with the Youth AOD CEP team Te Roopu Kaitiaki within MHAIDS and the Wellington YOSS AOD CEP clinicians to grow Youth AOD CEP capability with Wellington region.

The role will have a dual focus on AOD and mental health.

**Position:** Specialist Youth Clinician – Alcohol and Other Drugs/Co-existing Problems

**Responsible to:** Te Puāwai Hauora Team Leader

**Hours of Work:** 32 hours per week (0.8FTE)

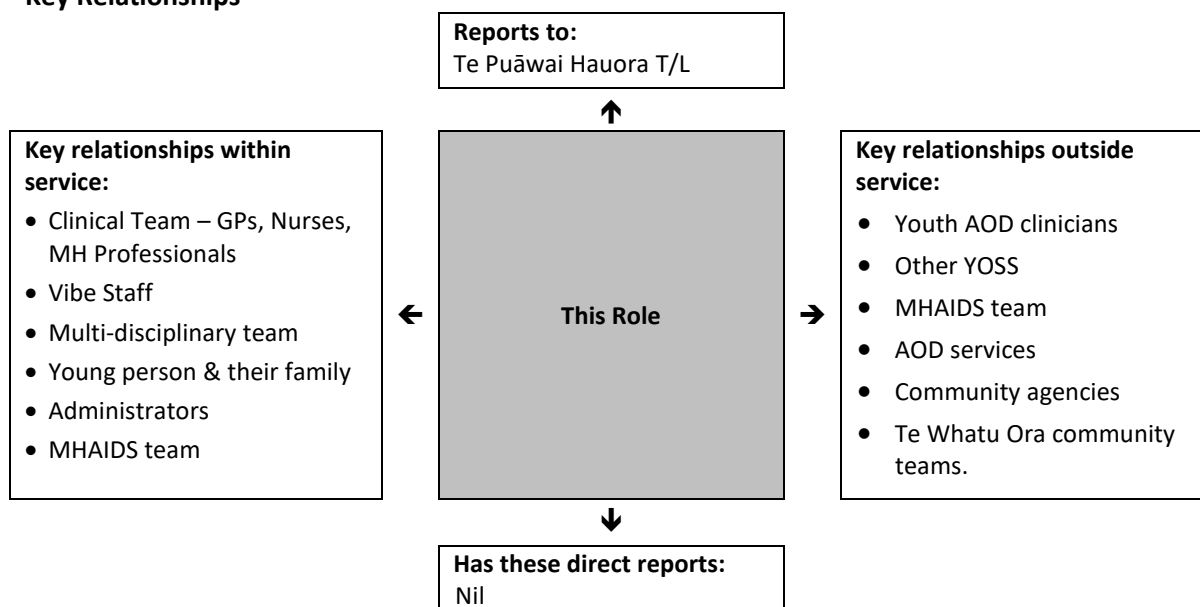
**Location:** Te Awa Kairangi (Hutt Valley)

<b>KEY ACCOUNTABILITY</b>	<b>DELIVERABLES/OUTCOMES</b>
<b>Clinical Practice</b>	<p>Demonstrates specialist skills for screening, assessment, formulation, and treatment planning as well as risk assessments for young people.</p> <p>Provides specific MHAOD clinical assessment and treatment.</p> <p>Ensures assessment and treatment plans have a holistic focus including accommodation, education, and employment.</p> <p>Acts as a specialist resource within Vibe, and for those working in other youth AOD, mental health and community youth development settings.</p> <p>Provides specialist input where appropriate to ensure the most effective treatment and desired outcomes for a young person with AOD-CEP.</p> <p>Identifies the need for Youth AOD CEP support networks and groups, and where appropriate works to establish these networks and groups.</p> <p>Effectively and consistently manages at-risk behaviour and develops collaborative plans to promote client and community safety.</p> <p>Provides an AOD CEP practice lens to staff within Vibe including leading and/or participating in case consultations</p> <p>Is part of the core team for Vibe’s MDT, and provides an AOD CEP perspective in this forum</p>
<b>Capability Development</b>	<p>Dedicates time to develop Youth AOD CEP capability within Vibe and in the broader YOSS and youth sector workforce.</p> <p>Undertakes ongoing analysis to identify Youth AOD CEP needs and trends within the community.</p> <p>Works with other professionals both within Vibe and externally to identify knowledge and skills gaps in their respective services.</p> <p>Develops and delivers AOD CEP education and training to professionals and Te Awa Kairangi community. Training is likely to include, but is not limited to: health education, harm reduction and relapse prevention activities for young people and their whānau.</p>
<b>Leadership and Service Development</b>	<p>Attends and contributes to relevant Vibe staff and clinical team meetings.</p> <p>Ensures that the AOD CEP Service is broadly socialised and well integrated within Vibe</p> <p>Coordinates quality improvement activities to develop and improve service delivery, clinical practice or professional standards. This may include care pathways/treatment protocols, standards of practice etc.</p>

	<p>Continues to develop, capture data and provide education on smoking/vaping cessation, continuing to further develop Vibes vaping project to further reach rangatahi and whānau within Te Awa Kairangi.</p> <p>Collates and maintains client data for analysis, audit and reporting.</p> <p>Provides regular reporting on trends to inform future planning for Youth AOD CEP Services.</p> <p>Develops and obtains rangatahi, whānau and community feedback on service delivery for AOD CEP service.</p> <p>Develops robust working relationships with the MHAIDS team Te Roopu Kaitiaki and other YOSS clinicians as part of the regional Collaborative.</p>
<b>Service Development, reporting and evaluation</b>	<p>Contribute to the development of mental health and addictions services at Vibe including:</p> <ul style="list-style-type: none"> <li>• Maintain an awareness of contract reporting requirements relevant to this role</li> <li>• Ensure all data and record keeping is accurate and completed within required timeframes</li> <li>• Contributing to the regular contract and organisational reporting</li> <li>• Participating in the evaluation of mental health and addictions service at Vibe</li> <li>• Participating and contributing to AOD CEP yearly strategic planning for Vibe</li> </ul>
<b>Cultural Awareness and Responsiveness</b>	<p>Applies the principles of cultural safety in own practice.</p> <p>Works in line with the principles of Te Tiriti o Waitangi.</p> <p>Engages in consultation with Māori, Pacific and other cultural communities to ensure that AOD CEP services are accessible to and appropriate for young people from those communities.</p> <p>Assists others to develop culturally safe and responsive practice.</p>
<b>Relationship Management</b>	<p>Establishes and maintains good working relationships with priority stakeholders</p> <p>Establishes and maintains strong working relationships with a range of other stakeholders including Schools, School Based Health Services, PHOs; AOD services, CRS team, rainbow specialist services, health services; and the broader social sector.</p> <p>Undertakes formal and informal networking opportunities to promote good relationships, enhance knowledge and develop a collaborative and integrated approach to the treatment of young people with AOD CEP needs.</p> <p>Develops and/or participates in regional/ sub regional professional networks relevant to Youth AOD CEP.</p>

<b>Maintains practice standards</b>	<p>Is accountable and responsible for own practice.</p> <p>Demonstrates knowledge of legal and ethical requirements, policies and procedures relating to own professional group.</p> <p>Has advanced knowledge and skills of appropriate interventions for young people with co-morbid mental health and substance use problems.</p> <p>Awareness of and complies with all legislative and contractual requirements as applicable to the role (e.g. Health and safety in Employment Act 1992, Privacy Act 1993, Vulnerable Children’s Act 2014, Privacy Act, ACC service specifications etc.).</p> <p>Assumes responsibility for maintaining one’s own professional development.</p> <p>Maintains ethical standards of practice and attends clinical supervision.</p>
<b>Occupational Health and Safety</b>	<p>Complies with responsibilities under the current Health and safety in Employment Act.</p> <p>Ensures own safety and others safety at all times.</p> <p>Complies with policies, procedures and safe systems of work. reports all incidents/accidents, including near misses in a timely fashion.</p>

### Key Relationships



### Type of Role

Operational Role	Delivers health services directly to consumers.
Service Role	Delivers services to frontline or other roles.
Support Role	Develops, manages and improves systems and processes (including managerial, technical, equipment, financial and organisational).

**Capability:**

**Knowledge and Experience:**

- Minimum of 3-4 years clinical practice
- Clinical experience applicable to role
- Able to impart clinical knowledge to others in one to one or group settings

**Essential Professional Qualifications/Accreditations/Registrations:**

- Has a tertiary qualification in any one of the following disciplines: Nursing, Social Work, Psychology, Occupational Therapy or closely allied clinical field
- Qualification in addiction studies or an undergraduate health degree recognised and approved by the Addiction Practitioners' Association, Aotearoa-New Zealand (DAPAANZ)
- Preference for post graduate study in a relevant field

**Someone well-suited to the role will place a high value on the following:**

- Focus on delivering high quality care for the rangatahi and whānau
- Self-motivated in developing and providing professional clinical practice
- Passionate about rangatahi and supporting their wellness journeys
- Connecting with communities less likely to reach out to mainstream services

**Other:**

- Current full NZ driver's license
- Proficiency in Microsoft Office, Word, Outlook, PowerPoint, Internet resources and e-mail
- Experience in patient management systems ie: Medtech, would an advantage but not essential
- A high standard of written and spoken English, Te Reo speaking would be an advantage

Vibe is committed to Te Tiriti o Waitangi principles of partnership, participation, equity and protection by ensuring that guidelines for employment policies and procedures are implemented in a way that recognises Māori cultural practices.

This role description will be reviewed regularly in order for it to continue to reflect the changing needs of the Youth AOD CEP service, and the broader organisation. Any changes will be discussed with the position holder before being made. Annual objectives and performance measures will be set each year during the annual performance planning and development meeting.

January 2024

Date effective: \_\_\_\_\_

Manager's signature: \_\_\_\_\_

Employee's signature: \_\_\_\_\_